These Rasayanas are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey, Brown Rice Syrup and Ghee. The word "Rasayana" means "any substance that helps to bring about rejuvenation and youthful mental and physical energy". Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by: Ayurvedic Rasayanas 509 Siskiyou Blvd. P.O. Box 719 Ashland. OR 97520

www.ayurveda-herbs.com (541) 944 -7243

Dosage: one teaspoon per 50lbs of weight
Dielary supplement. Allergy Information: Contains Ghee made from milk.
Recommendations: May help promote menstrual bleeding, tension of the
uterus musdes, and help support early menopeuse. Vala or air balancing tonic.



Supplement Facts

Amount per serving 1tsp. (6g)	Serving per container- 50
Amount per serving: Calories 25	% Daily Values*
Fat 1g Saturated Fat 1g Total Carbohydrate 4g	1% 1% 1%
Sugars 3g Protein 0g	+ +
Net a simplificant course of Mitanzia A. Mitanzia O. Osl	allow and leave

Not a significant source of Vitamin A, Vitamin C, Calcium and Iron

Dietary Ingredients: Honey, Brown rice syrup, ghee (milk, salt), Tamarind fruit concentrate

Proprietary blend of standardized extracts: Angelica root (2:1), Amalaki fruit (5:1) 1g + Shatavari root (3:1), Valerian root (6:1), Sage leaf (4:1), Pippali fruit (4:1), Gotu Kola (8:1), Liconice root (5:1). Shilaili (75%).

Proprietary blend of powdered herbs: Ginger root, Cinnamon bark, Safflower flower, Parsley leaf, Turmeric root, Celery seed, Myrrh gum

Proprietary blend of pure essential oils: Valerian root, Mugwort plant, Pennyroyal leaf, Ginger root, Cinnamon bark, Parsley leaf, Turmeric root

*Percent Daily Values are based on a 2,000 Calorie diet. Percent daily values not established