These Rasayanas are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey, Brown Rice Syrup and Ghee. The word "Rasayana" means "any substance that helps to bring about rejuvenation and youthful mental and physical energy". Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by: Ayurvedic Rasayanas 509 Siskiyou Blvd. P.O. Box 719 Ashland. OR 97520

www.ayurveda-herbs.com (541) 944 -7243

Dosage: one teaspoon per 50lbs of weight Dietary supplement: Allergy Information: Contains Ghee made from milk. Recommendations: To support the heart, vascular system and circulation. Vata or Air balancing.



Supplement Facts

Amount per serving 1tsp. (6g)	Serving per container- 50
Amount per serving: Calories 25	% Daily Values
Fat 1g Saturated Fat 1g Total Carbohydrate 4g Sugars 3g Protein 0g	1% 1% 1% + +
Not a significant source of Vitamin A. Vitamin C. Calcium and Iron	1

Dietary Ingredients: Brown Rice Syrup, Honey, Ghee (milk, salt)

Proprietary blend of powdered extracts: Arjuna bark (25%), Amalaki fruit (5:1), 1g Haritaki fruit (4:1), Ashwagandha root (3:1), Manjishta root (10:1), Guggulu resin (3%), Tulasi leaf (5:1), Fo-ti root (10:1), Pippali fruit (4:1), Coleus root (6:1)

Proprietary blend of powdered herbs: Hawthorn berry, Ginger root, Cinnamon bark, Cardamom seed

Proprietary blend of pure essential oils: Ginger root, Tulasi, Cinnamon Bark

*Percent Daily Values are based on a 2,000 Calorie diet. Percent daily values not established

These statements have not been evaluated by the Food and Drug Administration | FART STRONG | This product is not intended to diagnose, treat, cure, or prevent any disease.