

[THE CLEAN & LEAN ALTERNATIVE]

ETB Naturally Casein is a slow digesting protein filtered from milk that continues feeding the muscles after whey proteins have been fully digested. The slower absorption and prolonged release effectively helps reduce catabolism and provides muscles with a sustainable pool of amino acids to reduce muscle breakdown.

Enjoy

Directions: Add one level scoop of ETB Naturally Casein to 8 oz. of cold water, almond/ coconut milk, juice or your favorite beverage. Adjust the amount of liquid to meet your desired taste and consistency. Shake, stir or blend until dissolved. For optimal results drink it before bed to fuel muscle recovery.

WHY ETB CASEIN?

SUSTAINED AMINO ACID RELEASE

ANTI-CATABOLIC ACTION

NO ARTIFICIAL FLAVORS OR SWEETENERS

OVER 10G BCAAs & 4G GLUTAMINE

22 GRAMS PROTEIN

122 CALORIES

ETB Fit provides clean and lean dietary supplements to support pure achievement. We seek to engender a sense of mental and physical well-being to enable individuals to overcome obstacles and push through life's challenges.

ETBFIT.COM

ETB North America, LLC, Charlotte, NC 28202

"SOME DAYS YOU EAT THE BEAR, SOME DAYS THE BEAR EATS YOU."



GLUTEN FREE

SWEETENED
WITH
STEVIA

122
CALORIES

22g
PROTEIN

ETB Naturally

CHOCOLATE

EAT
THE
BEAR

CASEIN
EXTENDED RELEASE PROTEIN



PRE INTRA POST

ETBFIT.COM



1.6LBS | 726G

Supplement Facts

Serving Size: 1 scoop (31.6g)
Servings per container: About 23

Amount/Serving	
Calories	122
Calories from fat 22	
%Daily Value †	
Total Fat	2.5g 4%
Saturated Fat	1.5g 7.5%
Trans Fat	0g *
Cholesterol	63mg 21%
Sodium	120mg 5%
Potassium	483mg 14%
Total Carbohydrates	3g 1%
Sugars	1.5g *
Protein	22g 44%
Vitamin A	0%
Vitamin C	0%
Calcium	16%
Iron	0%

† Percent Daily Value based on a 2,000 calorie diet.

*Percent Daily Value not established.

Ingredients: Micellar Casein, Milk Protein Concentrate, Cocoa Powder, Natural Flavors, Xanthan Gum, and Stevia.

Allergen Statement: Contains milk, and soy (lecithin).
Produced in a facility that process peanuts, wheat, tree nuts, and egg.

AMINO ACID PROFILE

Alanine	776	Methionine*	547
Arginine	689	Phenylalanine*	1357
Aspartic acid	1723	Proline	1921
Cysteine / Cystine	402	Taurine	0
Glutamic acid	4056	Serine	1134
Glycine	382	Threonine*	1043
Histidine*	477	Tryptophan*	287
Isoleucine*/	1611	Tyrosine	745
Leucine*/	2067	Valine*/	1087
Lysine*	1721		

Grizzly Micellar Casein 22g protein per serving mg/serving
*essential amino acids /BCAAs

CAUTION:
NOT RECOMMENDED FOR INDIVIDUALS WITH ALLERGIES TO DAIRY PRODUCTS AND SHOULD NOT BE USED BY PREGNANT OR NURSING MOTHERS OR CHILDREN UNDER 18 YEARS OF AGE WITHOUT THE ADVICE OF A PHYSICIAN. EXCESSIVE PROTEIN INTAKE MAY RESULT IN IMPAIRED KIDNEY FUNCTION.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

