These Rasayanas are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey, Brown Rice Syrup and Ghee. The word "Rasayana" means "any substance that helps to bring about rejuvenation and youthful mental and physical energy". Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by: Ayurvedic Rasayanas 509 Siskiyou Blvd. P.O. Box 719 Ashland. OR 97520

www.ayurveda-herbs.com (541) 944 -7243

Dosage: one teaspoon per 50lbs of weight
Dietary supplement: Allergy Information: Contains Ghee made from milk.
Recommendations: Lund discomfort. Vatta and Pitta balancing



Supplement Facts

mount per serving 1tsp. (6g)	Serving per container- 50
mount per serving: Calories 25	% Daily Values*
at 1g aturated Fat 1g	1% 1%
otal Carbohydrate 4g	1%
lugars 3g	+
rotein Og	+

Not a significant source of Vitamin A, Vitamin C, Calcium and Iron

Dietary Ingredients: Honey, Brown Rice Syrup, Ghee (milk, salt) 1g +
Proprietary blend of standardized extracts: Shilajit (75%) fulvic acid, Licorice root (5:1),

Tulasi root (5:1), Amalaki Fruit (5:1), Boswellia resin (3:1), Ashwagandha root (3:1), Pippali fruit (4:1), Shatavari root (3:1), Bayberry bark (5:1)

Proprietary blend of powdered herbs: Cinnamon bark, Mulein leaf, Irish moss plant, Turmeric root, Ginger not, Fenugreek seeds, Cardamom seed, Clove bud, Black pepper, Awain seed, Myrth gum Proprietary blend of pure essential oils: Cinnamon bark, Turmeric root, Ginger root, Clove bud, Black pepper, Awain seed

*Percent Daily Values are based on a 2,000 Calorie diet. Percent daily values not established