

[THE CLEAN & LEAN ALTERNATIVE]

ETB Naturally Casein is a slow digesting protein filtered from milk that continues feeding the muscles after whey proteins have been fully digested. The slower absorption and prolonged release effectively helps reduce catabolism and provides muscles with a sustainable pool of amino acids to reduce muscle breakdown.

.....*Enjoy*.....

Directions: Add one level scoop of ETB Naturally Casein to 8 oz. of cold water, almond/ coconut milk, juice or your favorite beverage. Adjust the amount of liquid to meet your desired taste and consistency. Shake, stir or blend until dissolved. For optimal results drink it before bed to fuel muscle recovery.

"SOME DAYS YOU EAT THE BEAR, SOME DAYS THE BEAR EATS YOU."

WHY ETB CASEIN?

SUSTAINED AMINO ACID RELEASE

ANTI-CATABOLIC ACTION

NO ARTIFICIAL FLAVORS OR SWEETENERS

OVER 10G BCAAs & 4G GLUTAMINE

23 GRAMS PROTEIN

No 118 CALORIES

ETB Fit provides clean and lean dietary supplements to support pure achievement. We seek to engender a sense of mental and physical well-being to enable individuals to overcome obstacles and push through life's challenges.

ETBFIT.COM

ETB North America, LLC, Charlotte, NC 28202



GLUTEN FREE

SWEETENED
WITH
STEVIA

118
CALORIES

23G
PROTEIN

ETB *Naturally*

VANILLA

**EAT
THE
BEAR**

CASEIN
EXTENDED RELEASE PROTEIN

☐ PRE ☐ INTRA ☐ POST

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1.6LBS | 726G

Supplement Facts

Serving Size: 1 scoop (31.6g)
Servings per container: About 23

Amount/Serving	
Calories 118	Calories from fat 15
%Daily Value †	
Total Fat 2g	3%
Saturated Fat 1.5g	7.5%
Trans Fat 0g	*
Cholesterol 63mg	21%
Sodium 120mg	5%
Potassium 483mg	14%
Total Carbohydrates 2g	1%
Sugars 1.5g	*
Protein 23g	46%
Vitamin A	0%
Vitamin C	0%
Calcium	16%
Iron	0%

† Percent Daily Value based on a 2,000 calorie diet.
*Percent Daily Value not established.

Ingredients: Micellar Casein, Milk Protein Concentrate, Natural Flavors, Xanthan Gum, and Stevia.

Allergen Statement: Contains milk, and soy (lecithin).
Produced in a facility that process peanuts, wheat, tree nuts, and egg.

AMINO ACID PROFILE

Alanine	799	Methionine*	559
Arginine	721	Phenylalanine*	1453
Aspartic acid	1826	Proline	2000
Cysteine / Cystine	419	Taurine	0
Glutamic acid	4175	Serine	1224
Glycine	396	Threonine*	1128
Histidine*	513	Tryptophan*	303
Isoleucine*/	1667	Tyrosine	791
Leucine*/	2153	Valine*/	1186
Lysine*	1780		

Grizzly Micellar Casein 23g protein serving mg/serving
*essential amino acids /BCAAs

CAUTION:
NOT RECOMMENDED FOR INDIVIDUALS WITH ALLERGIES TO DAIRY PRODUCTS AND SHOULD NOT BE USED BY PREGNANT OR NURSING MOTHERS OR CHILDREN UNDER 18 YEARS OF AGE WITHOUT THE ADVICE OF A PHYSICIAN. EXCESSIVE PROTEIN INTAKE MAY RESULT IN IMPAIRED KIDNEY FUNCTION.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

