

[THE CLEAN & LEAN ALTERNATIVE]

ETB Bare Mass is the perfect pre/post workout shake that will give you the added calories and protein needed for muscle growth. Increasing lean mass isn't as easy for some as it is for others. For the athlete with faster metabolisms and smaller appetites, we have created a formula just for you. Our mass gainer is light on the stomach and effective to help you reach your goals.

Enjoy

Directions: Add 4 scoops of Bare Mass to 16 fl oz. of water or milk. Shake/stir until dissolved. Drink an hour before or after your workout/training session. Enjoy!

"SOME DAYS YOU EAT THE BEAR, SOME DAYS THE BEAR EATS YOU."

WHY BARE MASS?

INCREASES ENDURANCE & STRENGTH
SPEEDS RECOVERY
INCREASED CALORIE INTAKE
53 GRAMS PROTEIN
ONLY 6 GRAMS OF FAT

ETB provides clean and lean sports nutrition to support pure achievement. We seek to engender a sense of mental and physical well-being to enable individuals to overcome obstacles and push through life's challenges.

ETBFIT.COM

ETB North America, LLC, Charlotte, NC 28202

 **EAT THE BEAR**

CHOCOLATE



BARE MASS

53 GRAMS
WHEY PROTEIN

INCREASED
MUSCLE
MASS



GLUTEN FREE

86G

CARBS

610

CALORIES

PRE INTRA POST

ETBFIT.COM

5LBS | 2265G



Supplement Facts

Serving Size 4 scoops (151g)
Servings Per Container 15

Amount Per Serving

Calories	610	Calories from Fat	54
% Daily Value†			
Total Fat	6g		1%
Saturated Fat	3g		15%
Trans Fat	0g		**
Cholesterol	151mg		50%
Sodium	132mg		6%
Potassium	277mg		8%
Total Carbohydrates	86g		29%
Dietary Fiber	0g		0%
Sugars	26g		**
Protein	53g		106%
Vitamin A			0%
Vitamin C			0%
Calcium			35%
Iron			0%
Phosphorous			0%

†Percent Daily Values are based on a 2,000 calorie diet.

** Percent Daily Value not established.

Ingredients: Whey protein concentrate, maltodextrin, dextrose, cocoa, natural flavors, and sucralose.

Allergen Statement: Contains milk and soy lecithin. Produced in a facility that uses soy, peanut, tree nut and egg ingredients.

CAUTION: NOT RECOMMENDED FOR INDIVIDUALS WITH ALLERGIES TO DAIRY PRODUCTS AND SHOULD NOT BE USED BY PREGNANT OR NURSING WOMEN OR CHILDREN UNDER 18 YEARS OF AGE WITHOUT THE ADVICE OF A PHYSICIAN. EXCESSIVE PROTEIN INTAKE MAY RESULT IN IMPAIRED KIDNEY FUNCTION. KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE

