

Directions: Adults take one tablet daily with water, as a dietary supplement, or as directed by a doctor.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

Other Information:

- Store at room temperature
- Keep lid tightly closed in a dry place
- **Do not use if imprinted safety seal under cap is broken or missing**
- **Keep out of Reach of Children**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions?

If you have any questions or comments, or to report an adverse event, please contact (800) 795-9775.

Distributed By: Plus Pharma, Commack, NY 11725

LOT#
EXP. DATE:

Plus**PHARMA**[™]

VITAMIN **B-12**
500 mcg



- **Essential for normal formation of blood cells[†]**
- **Plays an important role in nervous system health[†]**

DIETARY SUPPLEMENT

100 TABLETS • 500 mcg each

SUPPLEMENT FACTS

Serving Size One tablet

Amount Per Serving		% Daily Value
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%
Calcium (from calcium carbonate)	41 mg	4%

Other Ingredients:

Microcrystalline Cellulose, Dicalcium Phosphate, Stearic Acid, Maltodextrin, Silica, Magnesium Stearate.



Rev. 10/12