



AYURVEDIC HERBS

Vata Digest™

Digestion Formula for Vata*



90 Tablets
Dietary Supplement

Sustainably Sourced

SUGGESTED USE: Take 1-2 tablets, once or twice daily, or as directed by your health practitioner. Not for use by pregnant women.

If you are pregnant, nursing, taking medications, or have a medical condition please consult with your health care practitioner prior to the use of this product. Keep out of the reach of children.

Supplement Facts

Serving Size: 2 tablets

Servings Per Container: 45

Amount Per Tablet

Proprietary Blend	500mg**
Cumin seed, <i>Cuminum cyminum</i> ⁺	
Celery seed (Ajamoda), <i>Apium graveolens</i> ⁺	
Nigella seed (Black Cumin), <i>Nigella sativa</i> ⁺	
Black Pepper fruit, <i>Piper nigrum</i> ⁺	
Ginger root, <i>Zingiber officinale</i> ⁺	
Long Pepper fruit (Pippali), <i>Piper longum</i> ⁺	
Mineral Salt	
Asafoetida resin, <i>Ferula assa-foetida</i>	
Fenugreek seed, <i>Trigonella foenum-graecum</i> ⁺	

Other ingredients, from natural sources: organic maltodextrin, lac resin, silicon dioxide. Free of gluten, soy and dairy.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Store in a cool, dry place. Keep out of reach of children. Do not use if seal is broken or missing.

⁺ Certified Organic **Daily Value not established

Distributed by
Banyan Botanicals,
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Certified Organic by
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of Agriculture

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1-800-953-6424 www.banyanbotanicals.com

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