

**Suggested Usage:** Take 1 capsule daily with a meal.

Chromium is an essential trace mineral that is known to enhance the actions of insulin, a peptide that is critical to the metabolism and storage of carbohydrate, fat and protein in the body.\* Adequate intake of Chromium is necessary for maintaining healthy glucose metabolism.\* Independent studies show that ChromeMate® has a greater biological activity than other chromium supplements tested.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Diabetics: Use only under a physician's supervision.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 1415B V7



Minerals

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Niacin	1.1 mg	7%
Chromium (as Chromium Polynicotinate) (ChromeMate®)	200 mcg	571%

Other ingredients: Rice Flour and Cellulose (capsule).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

ChromeMate® is a registered trademark of InterHealth Nutraceuticals Inc.

Store in a cool, dry place after opening.

Please Recycle.

# ChromeMate®

Insulin Co-Factor\*

- Niacin-Chromium Complex
- Biologically Active\* / Niacin Bound
- Supports Healthy Blood Sugar Levels already within normal range\*

CHROMEMATE®

90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Non-GMO

