

Suggested Usage: Take 2 capsules 1 to 2 times daily.

Magnesium and Potassium are two minerals that are ubiquitous throughout the body and play fundamental roles in cell and tissue health.* They are especially critical for the maintenance of healthy heart and vascular function, the proper transmission of nerve impulses, and the contraction of muscle.* Taurine also helps to support neuromuscular and cardiovascular health through its role in the regulation of normal electrolyte and neurotransmitter balance.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not eat freshness packet. Keep in bottle.

CODE 1320C v5



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CAPSULE SIZE



Magnesium & Potassium Aspartate

Heart Health*

- Supports Healthy Heart, Muscle and Nerve Functions*
- With Taurine

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules
Servings Per Container 60

	Amount Per Serving	%Daily Value
Magnesium (from Magnesium Aspartate)	250 mg	60%
Potassium (from Potassium Aspartate)	99 mg	2%
Taurine (Free-Form)	100 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour and Stearic Acid (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening. Please Recycle.

