

ITEM # 214A

Tracking #96470602

Directions: Take one tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN. Protect from heat, light and moisture. Store at 15-30°C (59-86°F).

DO NOT PURCHASE IF SEAL IS BROKEN.

MADE IN U.S.A.

For more info, visit us at
www.windmillvitamins.com

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

‡WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

Manufactured by: Windmill Health Products™
6 Henderson Dr., West Caldwell, New Jersey 07006



**New
Formula!**

SUPER HI-POTENCY MULTI-VITAMIN & MINERAL FORMULA

**DIETARY SUPPLEMENT
60 TABLETS**

Helps Support Overall Health†

Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate)	5,000 IU	100%
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha-tocopheryl succinate)	12.5 IU	42%
Thiamine (as thiamin mononitrate)	25 mg	1,667%
Riboflavin	25 mg	1,471%
Niacin (as niacinamide)	50 mg	250%
Vitamin B ₆ (as pyridoxine HCl)	15 mg	750%
Vitamin B ₁₂ (as cyanocobalamin)	50 mcg	833%
Biotin	1 mcg	<1%
Pantothenic acid (as d-calcium pantothenate)	12.5 mg	125%
Calcium (as dicalcium phosphate)	88 mg	9%
Iron (as ferrous gluconate) ‡	5.5 mg	31%
Phosphorus (as dicalcium phosphate)	68 mg	7%
Iodine (as potassium iodide)	114 mcg	76%
Magnesium (as magnesium gluconate)	0.35 mg	<1%
Zinc (as zinc gluconate)	0.25 mg	2%
Copper (as copper gluconate)	0.03 mg	2%
Manganese (as manganese gluconate)	0.65 mg	33%

Choline bitartrate	150 mg	*
Inositol	250 mcg	*
Betaine HCl	25 mg	*
Glutamic acid	25 mg	*
Bioflavonoids complex	20 mg	*
Citrus bioflavonoids and rutin		
Fruit and vegetable phytonutrient concentrates	100 mg	*
Carotenoid concentrate [carrot, peach, yellow squash, cantaloupe, beet (alpha & beta carotene); red pepper (capsorubin & capsanthin); tomato, watermelon (lycopene)]		
Flavonoid concentrate [orange (hesperidin, tangeretin, nobletin); lemon, lime, celery (eriodictin, limonoids); grapefruit (naringin, quercetin)]		
Phenolic acid concentrate [red grape, blueberry, raspberry (anthocyanins, proanthocyanidins, ellagic acid); strawberry, cherry, pear, apple, plum (chlorogenic & caffeic acids)]		
Plant enzymes concentrate [papaya (papain); pineapple (bromelain); vegetable enzymes (fungal amylase, lipase, cellulase)]		
Cruciferous/thioalyl concentrate [broccoli, cabbage (sulforaphane, indole-3-carbinol); cauliflower, Brussels sprouts (phenethyl isothiocyanate); garlic, leek, onion (allicin, allyl isothiocyanates); mustard greens, radish (sinigrin, benzyl isothiocyanate)]		
Lutein concentrate (spinach, kale, asparagus, alfalfa)		
Isotlavone concentrate (soy genistein & daidzein)		
Base blend	5 mg	*
Alfalfa (leaf), kelp (Ascophyllum nodosum) (stipes and fronds), lecithin, parsley (leaf) and watercress (leaf)		

*Daily value not established

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, magnesium stearate and pharmaceutical glaze.

NO ADDED SUGAR, STARCH, YEAST, WHEAT, MILK, ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES