



EAT THE BEAR

LEMONADE

BARE AMINOS



PRE INTRA POST

BCAA 4:2:2 RATIO ANABOLIC ACTIVATOR

4G

LEUCINE

2G

ISOLEUCINE

2G

VALINE

2G

GLUTAMINE

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL DRY PLACE.
THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO TREAT, CURE OR PREVENT DISEASE.



ETB North America, LLC, Charlotte, NC 28202
[ACHIEVE. PURE. PERFORMANCE.]

ETBFIT.COM

GLUTEN FREE

0 GRAMS OF SUGAR

4:2:2 RATIO

8G OF BCAAs

FASTER RECOVERY

PREVENTS MUSCLE BREAKDOWN

WHY BARE AMINOS?

ETB provides clean and lean sports nutrition to support pure achievement. We seek to engender a sense of mental and physical well-being to enable individuals to overcome obstacles and push through life's challenges.

Supplement Facts

Serving Size: 1 Packet (14g)
Servings per container: 1

Amount/Serving % Daily Value

Vitamin C (as ascorbic acid) 160 mg 267%

Vitamin D (as cholecalciferol) 100 mg 25%

Niacin 10 mg 50%

Vitamin B6 (as pyridoxine HCl) 0.7 mg 35%

Calcium (as calcium citrate) 100 mg 10%

Magnesium (as magnesium oxide) 200 mg 50%

Branched-chain amino acid (BCAA) (2:1:1) 4000 mg *

L-Leucine 4000 mg *

L-Isoleucine 2000 mg *

L-Valine 2000 mg *

L-Citrulline Malate 1000 mg *

L-Glutamine 2000 mg *

Other Ingredients: Natural Flavors, Citric Acid, Sucralose and Silicon Dioxide.

*Percent Daily Value are not established.

DIRECTIONS: Mix 1 packet in 8 fl. oz. of cold water until dissolved.



THE CLEAN & LEAN ALTERNATIVE

"SOME DAYS YOU EAT THE BEAR, SOME DAYS THE BEAR EATS YOU."