

THE TRUE STRENGTH OF FISH OILS

Fish Oils contain long-chain fatty acids including docosahexaenoic acid (DHA) and eicosapentaenoic acid (EPA). DHA and EPA are omega-3 fatty acids with important roles in numerous metabolic functions*. They are found in foods like salmon and supplements such as the ON Fish Oil Softgels you're holding in your hand. Our Fish Oil Softgels are mercury-free and enteric-coated, which means that you get the benefits of fish oils without the fishy aftertaste that you might encounter without this special coating.

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION INCLUDING BUT NOT LIMITED TO PREGNANT OR NURSING.
NOT FOR USE BY THOSE UNDER THE AGE OF 18.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.



FPO UPC



748927029840

12-220-984



MERCURY-FREE

DHA/
EPA

ENTERIC-COATED

FISH OIL

SOFTGELS

NO FISHY AFTERTASTE

100
SOFTGELS

DIETARY SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 100

Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Cholesterol	5 mg	2%
Fish Oil	1 g	**
Total Omega-3 Fatty Acids	300 mg	**
EPA (Eicosapentaenoic Acid)		
DHA (Docosahexaenoic Acid)		

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Food Glaze, Ethylcellulose, Enteric Coating (Sodium Alginate, Stearic Acid), Mixed Tocopherols, Vanillin.

ALLERGEN INFORMATION: CONTAINS FISH (ANCHOVY, MACKEREL, SARDINE) INGREDIENTS.

MANUFACTURED BY  975 Meridian Lake Dr.
OPTIMUM NUTRITION Aurora, IL 60504

SUGGESTED USE: As a dietary supplement, take 1-2 softgels, up to 3 times daily, with meals.

1 (800) 705-5226 TRUESTRENGTH.COM

MANUFACTURED IN THE USA
IN OUR NSF GMP REGISTERED FACILITY
This product contains ingredients of international and domestic origin.

