

USAGE: Take 1 tablet 1 to 2 times per day or as directed by your qualified health care consultant.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

The adrenal glands produce hormones that underlie the body's mechanisms for coping with physical and mental stress. Overtraining in athletics, chronic anxiety, worry, nervous tension and other factors associated with excessive cortisol release are linked to adrenal exhaustion and fatigue. Over-reliance on caffeine and other stimulants also taxes the adrenals.

Jarrow FORMULAS® Adrenal Optimizer® combines important nutrients and nutraceuticals that support adrenal health, as well as help in the recovery of stressed adrenal glands.* Vitamin C, DMAE and pantothenic acid participate in the synthesis and release of adrenal hormones.* Traditional healing systems, both Eastern and Western, advise the use of adaptogenic herbs that help the body to relax and rebuild.* Adrenal Optimizer® works best when taken over an extended period of time and combined with adequate rest and sound nutrition.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PROD # 129032

Lot #. Best Used Before:

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Jarrow FORMULAS®

Adrenal Optimizer®

SENSORIL®

**Supports Adrenal Renewal*
and Stress Reduction***

60 Tablets

Dietary Supplement

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 60

	Amount Per Serving	% DV
Vitamin C (as calcium ascorbate)	100 mg	167%
Vitamin B ₅ (as calcium d-pantothenate)	250 mg	*
Chamomile Flower Extract (<i>Matricaria recutita</i>)	125 mg	*
Shatavari (<i>Asparagus racemosus</i>) (root)	100 mg	*
Gotu Kola (<i>Centella asiatica</i>) (leaves)	100 mg	*
Rhodiola Rosea Root Extract	100 mg	*
Eleuthero Root Extract (<i>Eleutherococcus senticosus</i>)	100 mg	*
Licorice Root Extract (<i>Glycyrrhiza glabra</i> , 4:1)	100 mg	*
Sensoril® Ashwagandha Root and Leaf Extract (<i>Withania somnifera</i>)	100 mg	*
Schizandra Berry Extract (<i>Schisandra chinensis</i>)	80 mg	*
DMAE (from DMAE Bitartrate)	25 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, dicalcium phosphate, stearic acid (vegetable source), magnesium stearate (vegetable source) and silicon dioxide. Coating consists of sodium carboxymethylcellulose, dextrin, dextrose monohydrate, lecithin and sodium citrate.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

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No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts. Sensoril® is protected under U.S. Patent # 6,713,092 and is a registered trademark of Natreon, Inc.