

5-HTP is the raw material your body uses to make serotonin, the master mood-regulating neurotransmitter. Increasing the amount of 5-HTP in your body supports serotonin production.*

Because 5-HTP has a very short half-life in the body, we employ our patented Sustained Release Technology (SRT), so that you get a longer-lasting effect.

And to ensure you get the highest quality of 5-HTP available, we use only the all-natural form from the seeds of the Griffonia simplicifolia tree found primarily in the West African countries.

In addition, our 5-HTP is pure and free of contaminants like Peak-X.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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5-HTP w/SRT®

5 - H Y D R O X Y T R Y P T O P H A N

Helps maintain mental
and emotional well-being.*

120 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size - 1 Tablet

Servings Per Container - 120

	Amount per Serving	% Daily Value †
L-5-hydroxytryptophan (L-5-HTP from Griffonia simplicifolia seeds)	100 mg	†

† Daily Value not established

Other Ingredients: Cellulose, Modified Cellulose, Stearic Acid, Guar Gum, Magnesium Stearate, Croscarmellose Sodium, Xanthan Gum, Silicon Dioxide, Food Glaze and Micro Wax.

Suggested Use: To maintain mental and emotional well-being*, take 1 tablet daily, with or without food, or use as directed by your healthcare professional.

Should not be used if tamper evident seal is broken.
Keep out of reach of children. Store in a cool dry place.

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