

ancient wisdom

Formulated and Recommended by
Dr. Isaac Eliaz
Isaac Eliaz M.D., L.Ac.

Our powerful multi-nutrient formula supports your daily health needs with the essential vitamins and minerals vital to men's well-being. This specially formulated combination of vitamins, nutrients, antioxidants, and botanicals provides the foundation for long-term health. With comprehensive, unique health blends, **Men's Longevity® Essentials Plus** promotes lasting prostate, liver and cardiovascular health.*

- Supports and Promotes Daily Wellness*
- Formulated for Men

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CA Residents Prop 65 Warning:
This product contains a chemical known to the State of California to cause cancer, birth defects, or other reproductive harm.
For information visit www.econugenics.com/prop65

Dietary Supplement
180 Vegetable Capsules

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**Men's Longevity®
Essentials Plus**
Supports Comprehensive Wellness*



Suggested Use: As a dietary supplement, take, once in the morning, once in the evening, or as directed by your healthcare practitioner. **Allergen Warning:** Contains soy. Not recommended for those allergic to soy.

Supplement Facts			
Serving Size: 3 Capsules Servings Per Container: 60			
Amount Per Serving	% Daily Value**		
Vitamin A (as betatene, palmitate)	2500 IU	50%	
Vitamin C (as ascorbic acid, calcium ascorbate, magnesium ascorbate)	500 mg	833%	
Vitamin D3 (as cholecalciferol)	500 IU	125%	
Vitamin E (as D-alpha-tocopheryl acid succinate)	20 IU	67%	
Thiamin (as HCL)	2.5 mg	167%	
Riboflavin (as riboflavin 5' phosphate)	5 mg	294%	
Niacin (as niacin, niacinamide)	25 mg	125%	
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate)	11 mg	550%	
Folate (as 5-methyltetrahydrofolic acid)	200 mcg	50%	
Vitamin B12 (as methylcobalamin)	30 mcg	500%	
Biotin	150 mcg	50%	
Pantothenic Acid (as di-calcium pantothenate)	15 mg	150%	
Calcium (as ascorbate, citrate, di-calcium pantothenate)	24 mg	2%	
Iodine (as kelp powder)	125 mcg	83%	
Magnesium (as citrate, ascorbate)	60 mg	15%	
Zinc (as citrate, picolinate)	7.5 mg	50%	
Selenium (as selenomethionine)	50 mcg	71%	
Copper (as sulfate)	1 mg	50%	
Chromium (as nicotinate)	60 mcg	50%	
Molybdenum (as sodium molybdate)	37.5 mcg	50%	
Potassium (as aspartate, citrate monohydrate)	15 mcg	***	
Amount Per Serving	% Daily Value**		
Detox and Liver Support Blend	102.5 mg	†	
Glycine, Taurine, Broccoli Sprouts (<i>Brassica oleracea</i>), Milk Thistle Extract (<i>Silybum marianum</i>), Turmeric Root Extract (<i>Curcuma longa</i>), Oregon Grape Root (<i>Mahonia aquifolium</i>), Grape Seed Extract (<i>Vitis vinifera</i>), L-Glutathione			
Alpha Lipoic Acid	37.5 mg	†	
Vitality, Metabolic and Endocrine Support Blend	57.5 mg	†	
Choline (as choline bitartrate), Lecithin (from soy), Acetyl-L-Carnitine, DMAE (dimethylaminoethanol bitartrate), Ginkgo Leaf Extract (<i>Ginkgo biloba</i>), Ginseng Root (<i>Panax ginseng</i>)			
Mixed Tocopherols	40 mg	†	
Prostate and Endocrine Support Blend	26.25 mg	†	
Saw Palmetto Extract (<i>Serenoa repens</i>), Oat Straw Extract (<i>Avena sativa</i>), Damiana Leaf (<i>Turnera diffusa</i>), Pumpkin Seed (<i>Cucurbita pepo</i>), Pygeum Bark (<i>Prunus africana</i>), Stinging Nettle Leaf (<i>Urtica dioica</i>), Lycopen			
Antioxidant Blend	24 mg	†	
Quercetin (as di-hydrate), Hesperidin, Bilberry Fruit Extract (<i>Vaccinium myrtillus</i>), Lutein, Citrus Bioflavonoid Complex			
Inositol	20 mg	†	
Boron (as citrate)	1 mg	†	

Other Ingredients: Vegetable capsule (natural vegetable cellulose, water), microcrystalline cellulose, magnesium stearate, silicon dioxide.

** Percent Daily Values based on a 2,000 calorie diet.
*** Contains less than 2% of the Daily Value of this nutrient.
† Daily Value not established.



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modern science