

SUGGESTED USAGE: Add 1 scoop of BCAA Big 6 to a glass or shaker cup filled with 14-16 oz. of water or your favorite beverage. Stir or shake vigorously for about 15-20 seconds to ensure a good mix. Can be taken before, during, or after exercise.

BCAA Big 6 is an advanced caffeine-free sports supplement formulated to support exercise endurance and recovery from intense workouts.* BCAA Big 6 features branched-chained amino acids (BCAAs) to support muscle retention and recovery, and betaine to help maintain fluid balance during exercise.* BCAA Big 6 also has taurine, which can further support endurance.* BCAA Big 6 includes L-citrulline and L-glutamine to complement this formula.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (including antihypertensive, nitrates, vasodilating drugs and/or diuretic medication), or have a medical condition (including heart and/or conditions affecting blood pressure). Keep out of reach of children. Contains Xylitol, do not feed to pets.

Do not eat freshness packet enclosed.

Natural color variation may occur in this product.

Store in a cool, dry, dark place after opening.

Please Recycle.

CODE 0212

V1



Natural
Watermelon
Flavor



BCAA BIG 6

- Endurance & Recovery*
- 6 Amino Acids / 8,000 mg
- Vegan, Caffeine Free

NET WT. 600 g (21.16 OZ.)

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Level Scoop (approx. 18 g)

Servings Per Container about 33

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%*
Xylitol	2 g	†
Sodium	230 mg	10%
Branched-Chain Amino Acids (L-Leucine, L-Isoleucine, L-Valine)	5,000 mg	†
Betaine Anhydrous [TMG (Trimethylglycine)]	1,500 mg	†
L-Citrulline	1,000 mg	†
L-Glutamine	1,000 mg	†
Taurine	1,000 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Natural Flavors, Xylitol, Sodium Bicarbonate Powder, Citric Acid, Malic Acid, Silica, Beet Powder, Guar Gum, Stevia Leaf Extract (Rebaudioside A) and Xanthan Gum.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.