RenewLife

Gentle Care

First CLEANSE™

TOTAL BODY CLEANSE*

15-Day Program

PART 2 – EVENING FORMULA

30 VEGETABLE CAPSULES / Dietary Supplement

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Take 2 capsules each day in the evening.

Supplement Facts

Serving Size: 2 Capsules — Servings Per Container: 15

	Amount Per Serving	%DV
Organic Elimination Blend	1,300 mg	***
Flax seed; Buckthorn bark; Marshmallow root; Rhubarb root; Triphala (Blend of Chebulic myrobalan fruit, Amla fruit, Belleric myrobalan fruit); and Slippery Elm bark		
Organic Phytosorb Blend	190 mg	***
Fennel seed; Ginger root; Papaya leaf; Cayenne Pepper; Coriander seed; Cumin seed; Gentian root; Black Pepper; Peppermint leaf; and Spearmint leaf		

*** Daily Value (DV) not established.

Other Ingredients: Vegetable capsule (vegetable starch and water).

"Organic"

Distributed by: Renew Life Formulas, Palm Harbor, FL 34683
Questions? 1-800-830-1800 or support@renewlife.com • www.renewlife.com

Certified Organic by Washington State Department of Agriculture

NOTICE OF USAGE: This program is not to be used more than four (4) times per year.

Quality, purity, and potency guaranteed through expiration.

Store in a dry place at 59-86°F (15-30°C).

KEEP OUT OF REACH OF CHILDREN.

Do not use this product if you are pregnant or nursing. Consult your healthcare professional before using this or any product if you are trying to conceive, taking medication, or have a medical condition. Not for prolonged use. Do not exceed recommended amount. **Notice:** Do not use if gastritis, gastric or duodenal ulcer, or bowel obstruction are present. Discontinue use if abdominal pain, nausea, or vomiting occur, unless directed by your healthcare professional. **Notice for Part 2:** This product contains rhubarb and buckthorn. **DO NOT USE IF YOU HAVE OR DEVELOP ABDOMINAL PAIN, DIARRHEA, OR LOOSE STOOLS.** Read and follow directions carefully. **MANUFACTURED IN USA** IN A GMP FACILITY.

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NEW LOOK, SAME FORMULA.

RenewLife

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First CLEANSE™

TOTAL BODY CLEANSE*

Cleanse More™ Samples Enclosed!

If you experience sluggish elimination while using First Cleanse, try 1-2 Cleanse More capsules for extra support with Part 2. Cleanse More is a gentle mineral and herbal formula for occasional constipation.

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TAMPER EVIDENT: DO NOT USE IF EITHER THE OUTER NECK BAND OR THE INNER SEAL ON BOTTLES IS BROKEN OR MISSING.

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First CLEANSE™ 1

Morning Formula

Directions: Take 2 capsules each day in the morning on an empty stomach.

Supplement Facts

Serving Size: 2 Capsules — Servings Per Container: 15

	Amount Per Serving	%DV
Organic Herbal Blend	1,300 mg	
Burdock root (organic)		***
Dandelion root (organic)		***
Fenugreek seed (organic)		***
Garlic bulb (organic)		***
Kelp (organic)		
Dandelion leaf (organic)		***
Milk Thistle seed (organic)		***
Turmeric root (organic)		***
Artichoke leaf (organic)		***
Blessed Thistle herb (organic)		***
Echinacea angustifolia herb (organic)		***
Green Tea leaf (organic)		***
Hawthorn berry (organic)		***
Horsetail herb (organic)		***
Mullein leaf (organic)		***
Nettle leaf (organic)		***
Oat straw (organic)		***
Oregano leaf (organic)		***
Parsley leaf (organic)		***
Red Clover herb (organic)		***
Wormwood herb (organic)		***
Yarrow herb (organic)		***
Yellow Dock root (organic)		***
Organic PhytoSorb Blend	190 mg	
Fennel seed (organic)		***
Ginger root (organic)		***
Papaya leaf (organic)		***
Cayenne Pepper (organic)		***
Coriander seed (organic)		***
Cumin seed (organic)		***
Gentian root (organic)		***
Black Pepper (organic)		***
Peppermint leaf (organic)		***
Spearmint leaf (organic)		***

***Daily Value (DV) not established.

Other Ingredients: Vegetable capsule (vegetable starch and water).

Store in a dry place at 59-86°F (15-30°C). **Quality, purity, and potency guaranteed through expiration.**

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PART 1 ACTUAL SIZE CAPSULE

First CLEANSE™ 2

Evening Formula

Directions: Take 2 capsules each day in the evening.

Supplement Facts

Serving Size: 2 Capsules — Servings Per Container: 15

	Amount Per Serving	%DV
Organic Elimination Blend	1,300 mg	
Flax seed (organic)		***
Buckthorn bark (organic)		***
Marshmallow root (organic)		***
Rhubarb root (organic)		***
Triphala (organic) (Blend of Chebulic myrobalan fruit, Amla fruit, Belleric myrobalan fruit)		***
Slippery Elm bark (organic)		***
Organic Digestive Blend	190 mg	
Fennel seed (organic)		***
Ginger root (organic)		***
Papaya leaf (organic)		***
Cayenne Pepper (organic)		***
Coriander seed (organic)		***
Cumin seed (organic)		***
Gentian root (organic)		***
Black Pepper (organic)		***
Peppermint leaf (organic)		***
Spearmint leaf (organic)		***

***Daily Value (DV) not established.

Other Ingredients: Vegetable capsule (vegetable starch and water).

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Gluten Free • Dairy Free
Soy Free • No Artificial Ingredients

PART 2 ACTUAL SIZE CAPSULE

Good for your Gut!

Your gut is your engine, your digestive core.

Keep it running smoothly with Renew Life® Cleanses. Our comprehensive herbal programs promote regular elimination and support the body's natural detoxification process.*

CLEANSE & RESTORE

Did you know that we come into contact with toxins every day—from the environment, our food, and even within our own digestive tract? While the body was built to process these toxins, today's world places increased stress on our elimination channels. Renew Life Cleanses help re-establish digestive health so you feel better, lighter, and more energized.*

TO COMPLEMENT YOUR CLEANSE:

For optimal cleansing results, add a fiber and probiotic supplement.*

Fiber Smart™

Ultimate Flora™ 15 Billion Probiotic

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RenewLife®

Gentle Care

First CLEANSE™

TOTAL BODY CLEANSE*

15-Day Program

- Helps Eliminate Waste & Toxins*
- Supports Regularity*
- Made with Organic Herbs & Gluten Free

PART 1 – 30 VEGETABLE CAPSULES
PART 2 – 30 VEGETABLE CAPSULES — Dietary Supplement

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Digestive wellness, Naturally

At Renew Life,® we believe a healthy gut is a happy gut.

For nearly two decades, we have pioneered superior-quality digestive care supplements to help people achieve optimal health from the inside out.*

GENTLE TOTAL BODY CLEANSING PROGRAM*

Renew Life Gentle Cleansing Programs are wholesome, herbal formulas to help you get rid of digestive toxins and support regularity.* They provide targeted support to the body's pathways of elimination: liver, lungs, lymphatic system, kidneys, skin, blood, and bowel.*

First Cleanse™ is an easy and effective two-part program ideal for those who are new to cleansing or just want a more gentle cleansing experience.* The morning cleanse supports detoxification; the evening cleanse promotes elimination.*

Call toll-free 1-800-830-1800 for support.
Got questions? Our Cleansing Product Specialists are on call and happy to help.

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