

ITEM # 210

Tracking #93800902

Directions: Take one tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store at 15-30°C (59-86°F).

DO NOT PURCHASE IF SEAL IS BROKEN.

MADE IN U.S.A.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NO ADDED SUGAR, STARCH, MILK,
FLAVORS OR PRESERVATIVES



HI-POTENCY MULTI-VITAMIN & MINERAL SUPPLEMENT

**DIETARY SUPPLEMENT
90 TABLETS**

Complete Nutritional Protection†

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin A (as retinyl palmitate & 25% as beta-carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid & with rose hips)	150 mg	250%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha-tocopheryl acetate)	30 IU	100%
Thiamin (as thiamin HCl)	5 mg	333%
Riboflavin	10 mg	588%
Niacin	20 mg	100%
Vitamin B ₆ (as pyridoxine HCl)	2 mg	100%
Folate (as folic acid)	400 mcg	100%
Vitamin B ₁₂ (as cyanocobalamin)	12 mcg	200%
Pantothenic acid (as D-calcium pantothenate)	10 mg	100%
Calcium (as dicalcium phosphate)	100 mg	10%
Phosphorus (as dicalcium phosphate)	75 mg	8%
Iodine (from kelp (Ascophyllum nodosum))	150 mcg	100%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc citrate)	15 mg	100%
Copper (as copper gluconate)	1.35 mg	68%
Manganese (as manganese gluconate)	1.1 mg	55%

Bioflavonoid complex	30 mg	*
Citrus bioflavonoids and rutin		
Choline (as choline bitartrate)	5 mg	*
Inositol	6.5 mg	*
Phytonutrient blend	50 mg	*
Amaranth leaf, carrot root, cauliflower floret, celery seed, garlic bulb, leek (whole plant), oat bran, onion bulb and rice bran		

*Daily value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, silica, croscarmellose sodium, wheat germ and pharmaceutical glaze.

Manufactured by: Windmill™ Health Products
West Caldwell, New Jersey 07006