

8-LAYER FIBER MATRIX

11g of FIBER

7g of PROTEIN

ULTRA FIBER DX™

FORTIFIED FOR HUNGER, CHOLESTEROL & A1C CONTROL*

...for a healthier life

a healthy digestive system. Originally developed in Germany, where it was used to successfully treat diabetic and obese patients, **UFDX™** reduces hunger and slows the digestion and absorption of sugars and carbohydrates. This helps reduce insulin spikes and allows glucose to be metabolized more effectively.

Ultra Fiber DX™ also supports heart health. It's long been clinically proven that a diet high in fiber helps reduce cholesterol and triglycerides, which has a positive impact on the body's mechanisms for regulating healthy cholesterol production. Health experts recommend a healthy diet include a minimum of 25 grams of fiber per day. One serving of **Ultra Fiber DX™** provides 11 grams of Fiber, a full 44 PERCENT of your daily fiber requirement.

While many single fiber products or supplements (imbalanced blends) often cause bloating, **UFDX's™** patent-pending, eight-layer fiber matrix, works in days to provide consumers all the benefits of a high fiber diet without the negative side effects.

Ultra Fiber DX™ is a flavorless, universal ingredient that easily mixes with water or other beverages and can also be used in baking as a flour substitute, resulting in healthy and delicious meals, snacks and desserts. Ultra Fiber DX™ is the Ultimate fiber supplement for optimum health, peak performance and vitality at any age.

DOCTORS RECOMMEND KEEPING BLOOD AND GLUCOSE LEVELS WITHIN A HEALTHY RANGE.

Cholesterol 125-200 MG/DL | HDL Low: > OR = 40 MG/DL | Hemoglobin A1C Low: < 6.0%
Glucose 65-99 MG/DL | LDL Low: < 130 MG/DL



Ultra Fiber DX™ is a universal ingredient.



Add to your favorite flavor of proteins shake or smoothie



Mix into your morning coffee, tea or juice



Combine UFDX™ with spices in everyday cooking



Stir UFDX™ into hot soups or oatmeal



Thicken stews, sauces and gravy with a UFDX™ roux



Use as a partial flour substitute for everyday baking

Ultra Fiber DX™ is a 100% natural (non-GMO), time release, soluble and insoluble fiber matrix that naturally reduces hunger and supports healthy weight management, lean muscle and



ULTRA FIBER DX™

...for a healthier life

11g of Soluble and Insoluble Fiber
44% of daily requirement*

7g of Protein

No bloating or negative side effect

RESEARCH HAS SHOWN HIGH FIBER AND HIGH PROTEIN DIETS CAN

- Enhance weight management and promote calorie control
- Feel fuller longer
- Promote healthy cholesterol, A1C and blood glucose levels



NET WT 21.1OZ (1.32 LB) 600 gram

Mixes Instantly in Water Natural & Flavorless

NEW

Nutrition Facts

Serving Size: One Scoop - 20g

Serving per container: 30

Amount Per Serving	% Daily Value
Calories	54
Calories from Fat	5
Total Fat	1 g 2%
Saturated Fat	0 g
Trans Fat	0 g 0%
Cholesterol	0 g
Sodium	70 mg 3%
Total Carbohydrate	11 g 4%
Dietary Fiber	11 g 44%
Sugar	0 g
Protein	7 g 14%
Vitamin A	2%
Calcium	2%
Riboflavin	1%
Niacin	7%
Folate	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

This product is
100% non-GMO

Directions: As a complete fiber management system add 1 scoop (20 grams) of Ultra Fiber DX™ to 8-12 ounces of liquid (water, juice, protein shake or favorite non-carbonated beverage) 15 minutes prior to 1 or 2 meals daily.

One serving of Ultra Fiber DX™ delivers 30%-50% of your daily fiber requirement, designed to help suppress hunger and promote healthy A1C control.

For more information: 877-558-3691
www.barn dadnutrition.com

Distributed by: Barn Dad Nutrition
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. For more information on all the UFDX™ benefits, and practices visit: www.BarnDadNutrition.com



Ingredients: (Ultra Fiber DX™) Soy Protein Isolate, Oat Fiber, Soy Hull Fiber, Psyllium, Malto-Dextrin, Flax Fiber, Beet Fiber, Flax Protein, Cellulose, Guar, Lecithin.

CONTAINS SOY
Store in a cool, dry place