



SUPER B COMPLEX

ENERGY METABOLISM SUPPORT*

30 COATED
CAPLETS

DIETARY
SUPPLEMENT

ITEM #58167

DIRECTIONS: For adults, take one (1) caplet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate) 15 mg	1,000%
Riboflavin (Vitamin B-2) 17 mg	1,000%
Niacin (as Niacinamide) 200 mg	1,000%
Vitamin B-6 (as Pyridoxine Hydrochloride) 20 mg	1,000%
Folic Acid 400 mcg	100%
Vitamin B-12 (as Cyanocobalamin) 60 mcg	1,000%
Pantothenic Acid (as d-Calcium Pantothenate) 100 mg	1,000%
Calcium 57 mg	6%
Vitamin Co-Factor Blend 3 mg	**
Choline Bitartrate	**
PABA (Para-Aminobenzoic Acid)	**
Inositol	**

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Calcium Carbonate, Croscovidone, Calcium Silicate. **Contains <2% of:** FD&C Yellow No. 5 Lake, FD&C Yellow No. 6 Lake, Natural Palm Leaf Glaze, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

ITEM # 58167
www.puritan.com
1-800-645-1030

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PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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