Formulated by

Dr. Isaac Eliaz

Isaac Eliaz M.D., L.Ac.

ecoSleep™ is an advanced blend of botanicals and nutrients to promote restful sleep and a healthy sleep cycle, when taken before bed. The synergistic ingredient blends help maintain healthy circadian rhythms and support relaxation and restorative sleep, for a feeling of freshness and renewal upon wakina.*

- Supports Restful, Restorative Sleep*
- Promotes Healthy Circadian Rhythms*
- Vegetarian/Vegan Safe
- Gluten & Allergen Free

Non-GMO

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose. treat, cure or prevent any disease.

CA Resident Prop 65 Warning: This product contains a chemical known to the State of California to cause cancer, birth defects or other reproductive harm. For information visit www.econugenics.com/prop65



ecoSleep™

Supports Restful Sleep*





Suggested Use: As a dietary supplement, take 2 capsules at bedtime, or as recommended by your health care practitioner.

Supplement Facts

† Daily Value not established

Amount Per Serving	% Da	% Daily Value**	
Niacin (as Niacinamide)	50mg	250%	
Vitamin B6 (as Pyridoxal-5-Phosphate)	4mg	200%	
Calcium (as Calcium Citrate)	20mg	2%	
Magnesium (as Magnesium Citrate)	100mg	25%	

GABA Support for Relaxation and Sleep Proprietary Blend HonoPure® (98% Honokiol extract from Magnolia officinalis bark), Lemon Balm Herb extract (Melissa officinalis), Passionflower Herb extract (Passiflora incamate), L-Tryptophan, L-Theanine

Traditional Asian Regenerative Sleep Proprietary Blend Paeonia lactiflora root, Polygonum multiflorum stem, Acorus gramineus rhizome, Abizia julibrissin bark, Nelumbo nucifera seed sprout, Platycladus orientalis seed, Salvia miltiorrhiza root. Ziziphus spinosa seed

** Percent Daily Values based on a 2,000 calorie diet.

Other Ingredients: Vegetable Capsule (cellulose, water), Tapioca Flour, Stearic Acid, Silicon Dioxide,





