

DIRECTIONS: For adults, take two (2) packets daily, preferably with meals.

Supplement Facts

Serving Size 2 Packets
Servings Per Container 22

Amount Per Serving	%Daily Value
Calories	80
Calories from Fat	30
Total Fat	3.5 g 5% ^{**}
Total Carbohydrate	5 g 2% ^{**}
Dietary Fiber	3 g 12% ^{**}
Protein	9 g 19% ^{**}
Vitamin A (as Retinyl Acetate and Beta-Carotene)	5,000 IU 100%
Vitamin C (as Ascorbic Acid)	340 mg 567%
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%
Vitamin E (as d-Alpha Tocopheryl Acetate and dl-Alpha Tocopheryl Acetate)	34 IU 113%
Vitamin K (as Phytonadione)	75 mcg 94%
Thiamin (Vitamin B-1)	52 mg 3,467%
(as Thiamin Mononitrate and Thiamin Hydrochloride)	
Riboflavin (Vitamin B-2)	56 mg 2,941%
Niacin (as Nicotinamide)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	56 mg 2,900%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	102 mcg 1,700%
Biotin (as d-Biotin)	2,000 mcg 333%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%
Calcium	422 mg 42%
(as Dicalcium Phosphate, Calcium Carbonate, Calcium Citrate, Calcium Silicate and d-Calcium Pantothenate)	
Phosphorus (as Dicalcium Phosphate)	241 mg 24%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 12%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as Sodium Selenate)	200 mcg 200%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Gluconate)	2 mg 100%
Chromium (as Chromium Picolinate)	200 mcg 167%
Molybdenum (as Sodium Molybdate)	72 mcg 96%
Chloride (as Potassium Chloride)	27 mg 1%
Potassium (as Potassium Chloride)	35 mg 1%
Sodium	50 mg 2%
Amino Acid Complex	6,823 mg (6.8 g) ***
L-Alanine	305 mg ***
L-Arginine	2,251 mg ***
L-Aspartic Acid	162 mg ***
L-Carnitine	1 mg ***
L-Cysteine	1 mg ***
L-Glutamic Acid	364 mg ***
L-Glutamine	1 mg ***
L-Glycine	948 mg ***
L-Histidine	32 mg ***
L-Hydroxylysine	53 mg ***
L-Hydroxyproline	446 mg ***
L-Isoleucine	293 mg ***
L-Leucine	894 mg ***
L-Lysine	120 mg ***

Amount Per Serving	%Daily Value
L-Methionine	33 mg ***
L-Omethine Hydrochloride	60 mg ***
L-Phenylalanine	58 mg ***
L-Proline	498 mg ***
L-Serine	122 mg ***
L-Threonine	68 mg ***
L-Tyrosine	21 mg ***
L-Valine	331 mg ***
Acetyl L-Carnitine	1 mg ***
L-Taurine	141 mg ***
Fish Oil	1,600 mg (1.6 g) ***
provides 1,200 mg of Total Omega-3 Fatty Acids comprising of:	
EPA (Eicosapentaenoic Acid) 640 mg	***
DHA (Docosahexaenoic Acid) 480 mg	***
Other Fatty Acids	***
Dehydrated Liver	1,360 mg (1.36 g) ***
Enzyme Complex	488 mg
(Beltaine Hydrochloride, Amylose, Papain, Bromelain, Pancreatin, Lipase, Peppermint Oil Extract, Protease, Pepsin, Cellulase)	
Fruit & Vegetable	120 mg
Citrus Bioflavonoid Complex (Citrus limon) (lemon), Riberry (Vaccinium myrtillus) (leaf), Elderberry (Sambucus nigra) (fruit), Black Currant (Ribes nigrum) (fruit), Grape Seed Extract (Vitis vinifera), Brussels Sprout Extract, Kale Extract, Cauliflower Extract, Celery Seed (Apium graveolens), Carrot Extract, Broccoli Extract, Cabbage Extract, Reversenol from (Polygomon cuspidatum) (root), Lutein, Coenzyme Q-10	***
Milk Thistle Extract	500 mg ***
(Silybum marianum) (seed) (Standardized to contain 80% Silymarin)	
Pumpkin Seed (Cucurbit pepo)	119 mg ***
Alpha Lipic Acid	10 mg ***
Choline Bitartrate	10 mg ***
Inositol	10 mg ***
Boron (as Bororganic Glycine)	2 mg ***
Saw Palmetto Extract (Serenoa repens) (fruit)	1 mg ***
Lycopene	10 mcg ***
Vanadium (as Sodium Metavanadate)	10 mcg ***

^{**}Percent Daily Values are based on a 2,000 calorie diet.
^{***}Daily Value not established.

Other Ingredients: Vegetable Cellulose, Gelatin, Soybean Oil, Rice Flour, Vegetable Glycerin, Silica, Vegetable Stearic Acid, Soy Lecithin, Vegetable Magnesium Stearate, Titanium Dioxide Color, Mixed Natural Tocopherols, Natural Palm Leaf Glaze, Vanillin.

Contains soy, milk, wheat and fish (hake, pollock) ingredients.

†As Ethyl Esters

^{*}These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Precision Engineered has pioneered the manufacture of premium sports nutrition supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. *We guarantee it.*



No Preservatives, No Sugar, No Yeast, No Shellfish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed, or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if wrapper is torn or open.



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DIETARY SUPPLEMENT

TRAINING PACKS

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