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★ NO ADDED FILLERS ★ ONLY PURE INGREDIENTS ★



# HARD RHINO™

# BETA-ALANINE

**Suggested Use:** As a dietary supplement, take 500mg (rounded ~1/8 tsp) with 8-16 ounces of water or suitable beverage. Taken once 15-30 minutes prior to exercise and again immediately after exercise.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any diseases.

**WARNING:** Keep out of the reach of children. Do not take this or any other supplement if under the age of 18, pregnant or nursing a baby, or if you have any known or suspected medical conditions and/or taking prescription drug(s) or OTC medication(s). Always consult with a qualified health physician before taking any new dietary supplement.

## Supplement Facts

Serving Size: 500mg (rounded ~1/8 tsp)  
Servings Per Container: 250

	Amount Per Serving	% Daily Value*
Beta-Alanine	500mg	*

\* No Daily Value Established  
\*\* Based on 2,000 calorie diet.

**Other Ingredients:** None

**Allergens:** This product contains NO Soy, Dairy, Dairy Byproducts, Eggs, Shellfish, Wheat, Gluten, Tree Nuts, or Sesame Seeds.

**Storage:** Store in a cool, dry place. Re-seal zipper immediately after use to preserve freshness.

DO NOT USE OR CONSUME IF PRESSURE SEAL IS BROKEN.

**Manufactured by:**  
Guardian Wholesale  
Phoenix, AZ 85085

**Customer Support:**  
(866) 961-8378  
Support@HardRhino.com



PURE POWDER

NET WEIGHT:  
125 GRAMS  
(4.40Z)

DIETARY SUPPLEMENT

DIETARY SUPPLEMENT

1



CAREFULLY MEASURE OUT SUGGESTED SERVING SIZE USING A MICROSCALE.

MIX WELL.



3

2



ADD TO PREFERRED BEVERAGE.

DRINK WITHIN 10-15 MINUTES.



4

## HOW TO USE

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STORE IN A COOL, DRY PLACE.  
DO NOT USE OR CONSUME IF SEAL IS BROKEN.

THIS IS A **NON-GMO** INGREDIENT.



PACKAGED IN USA



1607 West Whispering Wind Drive  
Phoenix AZ, 85085

For additional information or for products not shown please contact us at:  
866-961-8378 or Online@Tenkoris.com.

