

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 18672
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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PREMIUM MINI GELS

OMEGA-3

Fish Oil 1290mg**
****Per Serving**

900mg ACTIVE OMEGA-3**

**Purified to
eliminate mercury
Supports Heart Health***



120 coated
mini gels

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take two (2) softgels daily, preferably with a meal.

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 60

Amount Per Serving	%Daily Value	
Calories	15	
Total Fat	1.5 g	2%***
Polyunsaturated Fat	1 g	****
Cholesterol	5 mg	2%
Ester-Omega® Fish Oil	1,290 mg (1.2 g)	****
provides 900 mg of Total Omega-3 Fatty Acids† comprising of		****
EPA (Eicosapentaenoic Acid)		****
DHA (Docosahexaenoic Acid)		****
Other Fatty Acids		****

***Percent Daily Values are based on a 2,000 calorie diet.

****Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin. **Contains** <2% of: Acetylated Monoglycerides, Food Glaze, Lemon Oil, Mixed Natural Tocopherols, Polysorbate 80, Potassium Sorbate (preservative), Sodium Alginate.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Ethyl Esters