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**Suggested Use:** As a dietary supplement, take one serving (5 capsules), 1 - 2 times daily. Taken once as a pre-workout 15 - 30 minutes prior to exercise and/or after exercise as a post-workout.

† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any diseases.

**WARNING:** Keep out of the reach of children. Do not take this or any other supplement if under the age of 18, pregnant or nursing a baby, or if you have any known or suspected medical conditions and/or taking prescription drug(s) or OTC medication(s). Always consult with a qualified health physician before taking any new dietary supplement.

**BCAA 2:1:1**  
**BRANCHED CHAIN AMINO ACIDS**

**3000 mg**

† SUPPORTS MUSCLE RECOVERY AND REDUCES FATIGUE †

† PROMOTES MUSCLE GROWTH AND LEAN MUSCLE †

† IMPROVED MUSCLE PROTEIN SYNTHESIS †

**250 COUNT CAPSULES**  
**DIETARY SUPPLEMENT**

## Supplement Facts

Serving Size: 5 Capsules  
Servings Per Container: 50

	Amount Per Serving	% Daily Value**
L-Leucine	1500 mg	*
L-Isoleucine	750 mg	*
L-Valine	750 mg	*

\* No Daily Value Established  
\*\* Based on a 2,000 calorie diet

**Other Ingredients:** Vegetarian Cellulose (capsules), Silicon Dioxide (excipient).

**Allergens:** This product contains **NO** Soy, Dairy & Byproducts, Eggs, Fish, Shellfish, Wheat, Gluten, Tree Nuts, or Sesame Seeds.

**Storage:** Store in a cool, dry place.

THIS CONTAINS **NON-GMO** INGREDIENTS



Guardian Wholesale

1607 West Whispering Wind Drive - Phoenix AZ, 85085

For additional information or for products not shown please contact us at:

1 (866) 961-8378 or Support@HardRhino.com

**DO NOT USE OR CONSUME IF SEAL IS BROKEN.**

