



Naturalist[®]

Vegetarian Formula

Biotin

1000mcg



**Supports Healthy
Hair, Skin and Nails***

Dietary Supplement

60 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Biotin (as d-Biotin)	1,000 mcg	333%

Other Ingredients: Calcium Carbonate, Cellulose (Plant Origin), Silica. **Contains <2% of:** Cellulose Coating, Croscarmellose, Vegetable Magnesium Stearate.

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IMPORTANT FACTS YOU SHOULD KNOW

Biotin is essential for the metabolism of carbohydrates, proteins and fats.* In addition, Biotin helps support healthy nails, skin and hair.*

DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET, ONE TO TWO TIMES DAILY, PREFERABLY WITH MEALS.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Visit us at Rexall.com or call 1-866-4-REXALL

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