Suggested Use: As a dietary supplement, take one serving (1 scoop) with 8-16 ounces of water or suitable beverage.

As a Pre/Post Workout, it is recommended to be taken 20-30 minutes prior to exercise and again immediately after exercise. A third optional serving can be taken prior to sleep. It is suggested to continue supplementation on non-training days, evenly dividing servings throughout the day.

L-Glutamine is one of the 20 essential amino acids and is considered the most abundant free amino acid in the body. It is believed to be involved with protein synthesis and plays an important role in hydrating muscle cells. Glutamine is believed to assist in the removal of excess ammonia, a common waste product in the body. It's also believed to play a role in digestive and immune system support as these two necessary systems use glutamine as their main fuel source.





PREMIUM



Ingredients: L-Glutamine Powder

Serving Size: 1 scoop (5g) Servines Per Container: About 80

Amount Per Serving % Daily Value

L-Glutamine 5000mz

*Daily Value Not Established

Allergens: This product contains NO Soy, Dairy & Dairy Byproducts eggs, Fish, Shellfish, Wheat, Gluten, Tree Nuts, or Sesame

Other Ingredients: None

Keep out of the reach of children. Do not take this or any other supplement if under the age of 18, pregnant or nursing a baby, or if you have any known or suspected medical conditions and/or taking prescription drug(s) or OTC medication(s). Always consult with a qualified health physician before taking any new dietary supplement.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any diseases.

STORE IN A COOL, DRY PLACE. DO NOT USE OR CONSUME IF INNER SEAL IS BROKEN.

SERVING SCOOP INCLUDED (MAY SETTLE DURING SHIPPING)

Scoop inside

Lot Number

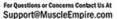
Expiration Date

Manufactured for:

Supplement Partners, LLC.

3820 W Happy Valley Rd Ste 141 - #420







Dietary Supplement Net Wt. 400g (0.88 lb.)

100% PURE POWDER

UNFLAVORED