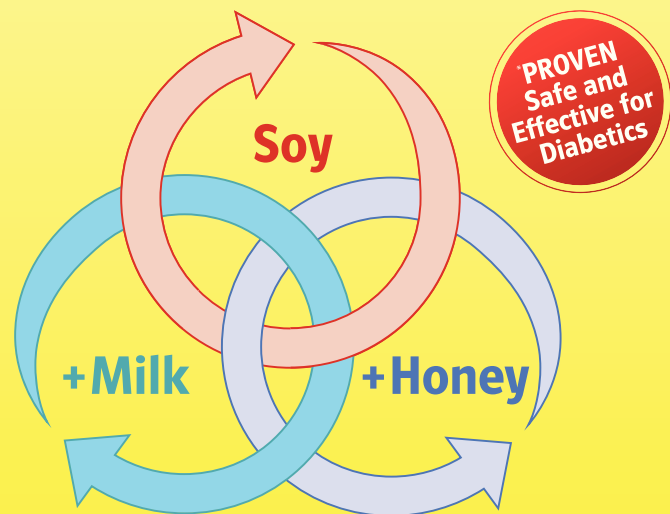


Almased[®]

SYNERGY DIET

**Speeds Up and Improves
Your Metabolism**

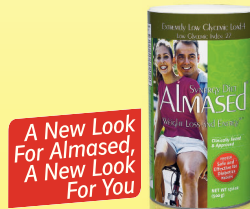


Extremely Low Glycemic Load: 4
Low Glycemic Index: 27

**Clinically Tested
& Approved***

**Patented
Fermentation
Process**

**All-Natural
Non-GMO**



See bottom for Lot# and expiration date.

To order or find a location near you, please call **1-800-ALMASED** (1-800-256-2733), or visit our website at www.almased.com. Manufactured in Germany by Almased Wellness Corporation. Imported and distributed in the U.S. by Almased USA Inc., St. Petersburg, FL.

NET WT 17.6 oz (500 g)



Supplement Facts

Serving Size: 8 tablespoons (50g)
Serving per container: 10

Amount per Serving	% Daily Value*
Calories 180	
Calories from Fat 9	
Total Fat 1.0g*	1%
Saturated Fat 0.5g*	0%
Trans Fat 0g	**
Polyunsaturated Fat 0.1g	**
Monounsaturated Fat 0.4g	**
Cholesterol 0mg	0%
Sodium 340mg	15%
Potassium 450mg	13%
Total Carbohydrates 17g*	5%
Dietary Fiber 0.5g*	2%
Sugars 12g	**
Protein 25g*	49%
Vitamin A 1100 IU	19%
Vitamin C 20mg	34%
Vitamin E 6 IU	20%
Thiamin (Vitamin B1) .7mg	47%
Riboflavin (Vitamin B2) .6mg	36%
Vitamin B6 .7mg	37%
Calcium 200mg	20%
Iron 4.9mg	27%

* Percent Daily values are based on a 2,000 calorie diet.

** Daily Value not established.

Essential Amino Acid Content of Protein Ingredients

Amino Acid	Per Serving 50g
L Tyrosine 700mg	L Leucine 2000mg
L Methionine 400mg	L Isoleucine 1300mg
L Lysine 1700mg	L Valine 1400mg
L Threonine 1000mg	L Histidine 800mg
L Tryptophan 300mg	L Phenylalanine 1400mg

This product contains only naturally occurring essential branch chain amino acids, digestive enzymes and probiotics.

Reduce weight, inches & fat*

Revitalize energy*

Restore wellness – with Almased*

- Backed by 20 years of experience and research.
- Made in Germany with a patented enzymatic fermentation process designed to be absorbed quickly into the bloodstream.
- Protects muscle mass while losing fat.*
- Additional benefits of probiotics and enzymes aid in digestive and immune system function.*

Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. One serving of Almased provides 25 grams of soy protein.

GENERAL DOSAGE

To supplement your diet, mix 8 tablespoons (50g) of the powder with 10–12 oz of cold liquid, such as bottled water, low-fat or skim milk or unsweetened juice. Customize your Almased drink by blending 8 tablespoons (50g) with

your favorite ingredients, such as fruits and cinnamon for a great tasting smoothie. Also great in cottage cheese or yogurt. Almased should be made fresh and consumed immediately after mixing.

INGREDIENTS

Soy Protein Isolate, Honey, Skim Milk Yogurt Powder, Potassium Chloride, Magnesium Carbonate, Calcium Citrate, Vitamin C, Niacin, Color additiv: Riboflavin (Vitamin B2), Vitamin E, Zinc Oxide, Ferrous Fuma-

rate, Manganese Sulfate, Calcium Pantothenate, Vitamin B2, Vitamin B6, Vitamin B1, Vitamin A, Folic Acid, Potassium Iodide, Sodium Selenite, Biotin, Vitamin D3, Vitamin B12

NOTES

This package is sold by weight not volume. Contents may settle during shipping. Store in a dry, cool place. Best if purchased before (see bottom). If seal is broken, return for exchange or refund. If you are (or might be) allergic to one of the ingredients or would like to take Almased on a long-term

basis, please consult your physician or health care professional or call toll-free 1-800-ALMASED (1-800-256-2733). * These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.