

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving		% DV*
Taurine	700 mg	*
Phenibut(Phenyl-Y-AminoButyric Acid)	350 mg	*
L-Glycine	250 mg	*
5-HTP(l-5-hydroxytryptophan)	100 mg	*
L-Glutamine	50 mg	*
Melatonin(N-acetyl-5-methoxytryptamine)	3 mg	*
Pyridoxal 5-Phosphate(P5P)	2 mg	*

*Daily Values not established.

Other Ingredients: Micro Crystalline Cellulose (USP), Ascorbic Acid USP, vegetable capsule (cellulose, purified water).

No artificial colors, no artificial flavors, no milk or milk derivatives, no preservatives, no sodium, no gluten, no corn and soy free.



Distributed by BodyHealth.com
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BODYHEALTH
OPTIMIZING HEALTH & VITALITY

HEALTHY SLEEP ULTRA

Specifically designed to support the body's calming hormones and neurotransmitters that promote restorative sleep.

60 Capsules
Dietary Supplement

Suggested Use: Take 1-2 Capsules at night prior to desired sleep or as recommended by your health professional.

Store in a cool, dry place with the lid tightly closed. Keep out of reach of children.

Warnings: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition.



Made in a GMP Certified Facility in USA

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

