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DIETARY SUPPLEMENT

★ NO ADDED FILLERS ★ ONLY PURE INGREDIENTS ★



# HARD RHINO™

## 100% WHEY PROTEIN ISOLATE CHOCOLATE MINT

**Suggested Use:** As a dietary supplement, take 33 grams (~5.5 tbsp) (~1/3 cup) with 8-12 ounces of water or suitable beverage and consume within 15 minutes of mixing. Taken 1-3 times daily, once in the morning, as a pre-workout, and/or as a post-workout for best results.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any diseases.

**WARNING:** Keep out of the reach of children. Do not take this or any other supplement if under the age of 18, pregnant or nursing a baby, or if you have any known or suspected medical conditions and/or taking prescription drug(s) or OTC medication(s). Always consult with a qualified health physician before taking any new dietary supplement.

### SUPPLEMENT FACTS

Serving Size: 33 grams (~5.5 tbsp) (~1/3 cup)	
Servings Per Container: About 15	
Amount Per Serving	% Daily Value
<b>Calories 115</b>	
Calories from Fat 7.7	
<b>Total Fat 0.8g</b>	1%*
Saturated Fat <0.5g	<1%*
Trans Fat 0g	†
<b>Cholesterol 3.2mg</b>	<1%*
<b>Sodium 45mg</b>	1%*
<b>Total Carbohydrate 3g</b>	<1%*
Dietary Fiber 1g	4%*
Sugars <0.5g	†
<b>Protein 24.5g</b>	49%*
Vitamin A <1%*	Calcium 12%*
	Iron 1%*

### Amino Acid Profile

Alanine	779 mg
Arginine	377 mg
Aspartic Acid	1654 mg
Cysteine	378 mg
Glutamic Acid	1899 mg
Glutamine	809 mg
Glycine	286 mg
Histidine	307 mg
Isoleucine**	960 mg
Leucine**	1695 mg
Lysine	1409 mg
Methionine	327 mg
Phenylalanine	531 mg
Proline	956 mg
Serine	735 mg
Tyrosine	470 mg
Tryptophan	536 mg
Threonine	1050 mg
Valine**	898 mg

**Ingredients:** Whey Protein Isolate, Cocoa Powder, Natural and Artificial Flavors, Inulin, Xanthan Gum, Salt, Sucralose, Soy Lecithin

**Allergens:** Contains Dairy and/or Dairy Byproducts and Soy.

**Storage:** Store in a cool, dry place. Re-seal inner bag immediately after use to preserve freshness.

**DO NOT USE OR CONSUME IF PRESSURE SEAL IS BROKEN.**

**Manufactured by:** Guardian Wholesale, Phoenix, AZ 85085

**Customer Support:** (866) 961-8378, Support@HardRhino.com

\*Percent Daily Values are based on a 2000 calorie diet.  
†Daily Value Not Established.  
\*\*Branch Chain Amino Acids



PURE POWDER

DIETARY SUPPLEMENT

NET WEIGHT:  
500 GRAMS  
(1.1 LBS)

1



CAREFULLY MEASURE OUT SUGGESTED SERVING SIZE USING A MICROSCALE.

MIX WELL.



3

2



ADD TO PREFERRED BEVERAGE.

DRINK WITHIN 10-15 MINUTES.



4

## HOW TO USE

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STORE IN A COOL, DRY PLACE.  
DO NOT USE OR CONSUME IF SEAL IS BROKEN.

THIS IS A NON-GMO INGREDIENT.



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For additional information or for products not shown please contact us at:  
866-961-8378 or Online@Tenkoris.com.

