

Creamsicle Smoothie

Serves 1

Ingredients:

½ cup orange juice
2 tbsp. low-fat vanilla yogurt
1 scoop
Organic Clear Fiber
1 cup ice

Directions:

Blend all ingredients together in a blender. Serve in a tall glass. Enjoy!



Contains no GMOs, yeast, wheat, corn, soy, gluten, salt, dairy, animal products, preservatives or artificial ingredients

KEEP OUT OF REACH OF CHILDREN.

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel.

MADE IN USA 1011

Quality and Purity Guaranteed

Distributed by: ReNew Life Formulas®
Palm Harbor, FL 34683

Questions? Call: 1-800-830-1800

Email: support@renewlife.com

or visit our website at: www.renewlife.com

Packed by weight, not volume.

Contents may settle during shipping and handling.

Manufactured in a GMP facility

*Mixes in soft food
and beverages.
Great for
baking too!*

Organic Clear Fiber

Daily Fiber
Supplement

- 5g Fiber per serving
- Psyllium-Free
- Gluten-Free
- Grit-Free

**Delicious
Orange
Flavor!**

*Clear-Mixing
Non-Thickening
Dissolves
Instantly!*



RENEW LIFE®
The Digestive Care Company

FIBER SUPPLEMENT
Net Wt. 12.7 oz. (360g)

Organic Clear Fiber is a natural source of dietary fiber that helps provide the 25-35 grams of daily fiber that many experts recommend. Made with organic acacia, it dissolves instantly in liquids and soft foods for a convenient fiber boost anytime.*

Supplement Facts

Serving Size: 1 Level Scoop (14 grams)
Servings per Container: Approx. 25

	Amount per Serving	%DV**
Calories	45	
Total Carbohydrate	13 g	4%
Dietary Fiber	5 g	20%
Soluble Fiber	5 g	***
Sugars	8 g	***
Organic Acacia Fiber	5.6 g	***
Organic Stevia Extract leaf	20 mg	***

** Percent Daily Values (DV) are based upon a 2,000 calorie diet.

*** Daily Value not established

Ingredients: Organic evaporated cane juice, Organic acacia soluble fiber, natural flavor, citric acid, Organic stevia extract
Directions: For best results, mix one scoop (14g) into 6 to 8 ounces of water up to 3 times daily. Stir until dissolved.

Organic Clear Fiber dissolves best in room temperature or warmer liquids. Not recommended for carbonated beverages.

Store in a dry place at 59-86°F (15-30°C).

Certified Organic by Washington State Department of Agriculture



*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

TAMPER EVIDENT: DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.