

Compare & Save Naturals

Comparables™

BY WINDMILL™

**DAILY ONE
FOR WOMEN**

**HIGH POTENCY
MULTIVITAMIN & MINERAL**

■ Compare to One-A-Day Womens®†

100 TABLETS | DIETARY SUPPLEMENT

DIRECTIONS: Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store in a cool, dry place.

DO NOT PURCHASE IF SEAL IS BROKEN.

MADE IN THE U.S.A.

ITEM 078 TC #H0451002



No SUGAR, YEAST,
WHEAT, MILK,
ARTIFICIAL COLORS,
FLAVORS OR
PRESERVATIVES

— Gluten Free —

For more info,
visit us at
www.windmillvitamins.com

Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving	% Daily Value
Vitamin A (100% as natural beta-carotene)	2500 IU	50%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as cholecalciferol)	1000 IU	250%
Vitamin E (as natural d-alpha-tocopheryl succinate)	22.5 IU	75%
Vitamin K (as phytonadione)	25 mcg	31%
Thiamin (as thiamin mononitrate)	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin	10 mg	50%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%
Biotin	30 mcg	10%
Pantothenic acid (as D-calcium pantothenate)	5 mg	50%
Calcium (as calcium carbonate)	500 mg	50%
Iron (as ferrous fumarate) †	18 mg	100%
Magnesium (as magnesium oxide)	50 mg	13%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenomethionine)	20 mcg	29%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese gluconate)	2 mg	100%
Chromium (as chromium dinicotinate glycinate)	120 mcg	100%

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica and film coat (hypromellose, polyethylene glycol, hydroxypropyl cellulose).

† One A Day Womens® is a registered trademark of Bayer Healthcare, LLC Consumer Care, Morristown NJ.

#WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

Distributed by:
Windmill Health Products®
10 Henderson Drive, West Caldwell, NJ 07006