

Directions: Take 1 softgel daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light and moisture.
Store in a cool, dry place.

MADE IN THE U.S.A.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FP #661

FOODS PLUS.

Since 1962

cold pressed

Cod Liver Oil

Omega 3 EPA & DHA

PRESERVATIVE FREE
NON GMO
GLUTEN-FREE

excellent source of vitamins A & D[†]

supports heart & immune health[†]

60
SOFTGELS

NO SUGAR, STARCH, YEAST, CORN, WHEAT, MILK,
ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

	Amount Per Serving	% Daily Value
Cholesterol	<5 mg	1%*
Vitamin A (as retinyl palmitate)	1,250 IU	25%
Vitamin D (as cholecalciferol)	135 IU	34%
Cod Liver Oil	415 mg	**
Total Omega-3 fatty acids [‡] (90 mg)		
EPA-eicosapentaenoic acid (37 mg)		
DHA-docosahexaenoic acid (36 mg)		

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily value not established.

[‡]As natural triglycerides

Other ingredients: Gelatin, vegetable glycerin, and purified water.

Contains fish (cod).

Distributed by: Foods Plus®

10 Henderson Drive, West Caldwell, New Jersey 07006