DIRECTIONS: (Adult) Morning: 1 Colon Clear® tablet with a full glass of water Evening: 2 Colon Clear® tablets with a full glass of water Please read and follow the enclosed Cleansing Program Insert to Please read and follow the enclosed Cleansing Program Insert to achieve maximum effects and personalized dosage.

USAGE WARNING: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication, including diuretics, heart medications and corticosteroids, or have any medical conditions. Do not use if you have an intestinal obstruction, hemorrhoids or other intestinal disorder. Do not use if you are taking any other product concurrently that has laxative effects. Taking this product without adequate water may cause choking. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. KEEP DUT OF REACH OF CHILDREN. Store in a cool, dry place. NOTE: This product is not intended to be used without breaks. Cascara Sagrada belongs to a family of plants containing compounds with laxative effects. Can lead to dehydration and electrolyte loss. With long-term use without breaks, this ingredient may interfere with diagnostic imaging procedures of the colon. Taking a break of 30 or more days between use cycles will help maintain natural regularity. Not intended for long-term use. WARNING: (State of California Prop 65) The product contains a chemical known to the State of California to cause birth defects or reproductive harm.

Fiber Cleanse" is formulated with a proprietary blend of ingredients to help you meet your dietary needs.* Each serving of this delicious formula provides 4 grams of dietary fiber per serving to support regularity and proper elimination.*

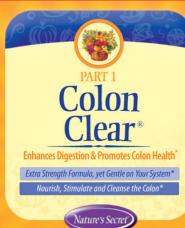
Marshmallow and Slippery Elm have been traditionally used to support the protective mucous lining of the intestines.*

of Whole-Body Wellness...

At Nature's Secret[®] we believe that total body wellness is the key to overall health.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FOS (Fructooligosaccharides) helps promote "good" bacteria in the digestive tract."



	Suppleme Serving Size: 2 Tablets Servings per Container: 12	nt Fa	cts
	Amou	nt per Serving	%Daily Valu
	Calcium (as Calcium Carbonate)	196 mg	20
lth"	Proprietary Blend Cascara Sagrada powder (bark), F powder (seeth lusk), Ginger powd powder (herb), Apple Pectin powd Barley Grass powder (aerial), Beet Karaya Gum, Lemon Peel powder powder (leaf), Red Raspberry (Rut Elm powder (bark), Chlorella powd acidophilus (1 million/g**)	er (root), Acacia Gu er (fruit), Apple pov powder (root), Glu (fruit), Oat Bran po ous idaeus) powde	ım, Alfalfa wder (fruit), ıcomannan, ıwder, Peppern r (leaf), Slipper
m*	†Daily Value not established		
	Other Ingredients: Stearic acid, hy microcrystalline cellulose, silicon croscarmellose sodium, methylce sodium starch glycolate, soy poly	dioxide, natural a llulose, magnesi	anise flavor, um stearate,

Contains: Dairy, Soy

Fiber Cleanse
Digestion & Elimination* Daily Support for Regularity & Proper Elimination*
Probiotics to Replenish & Maintain Digestive Health

DIRECTIONS: (Adult) Morning: Mix one (1) tablespoon of Fiber Cleanse™ in 8 ounces water or juice

Afternoon: Mix one (1) tablespoon of Fiber Cleanse™ in 8 ounces water or juice
in 8 ounces water or juice Supplement Facts

DISTRIBUTED, FORMULATED and QUALITY TESTED by: Nature's Secret,* P.O. Box 66457, Los Angeles, CA 90066 www.NaturesSecret.com Questions: Call Consumer Affairs 1-800-297-3273
Weekdays 8:00 AM TO 5:00 PM (PST) Questions@NaturesSecret.com





Supplement Facts



Supplement Facts Milk Thistle extract (80% silymarin)(seed) Milk Thistle powder (seed) †Daily Value not established

Fast & Cleanse & Detox The Best Way to Give Your Body a Fresh Start... in Just 5 Days!* 5-DAY FAST & CLEANSE®

Mix 1 tablespoon of Fiber Cleanse™ (Part 2) with water or juice 1 Colon Clear® (Part 1) Tablet 1 Liver Cleanse® (Part 3) Tablet

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure

I Super Nutrition™ (Part 5) Liquid Soft-Gel

- 3 bowel movements by following the directions for Colon Clear", increase intake of Colon Clear" by one (1) tablet every other day until 2—3 bowel movements are achieved daily. Do not exceed six (6) Colon Clear" tablets per day. he 5-Day Fast & Cleanse" can be used effectively for general cleansing and well-being once every three months for 5 days. Take this product with a full glass of water. Taking this product without adequate water may cause choking.

PART 2: FIBER CLEANSE™

Supplement Facts

PART 5: SUPER NUTRITION™

Supplement Facts

PART 1: COLON CLEAR® Supplement Facts

PART 4: CRAVELESS® Supplement Facts

Contains: Crustacean Shellfish (shrimp, lobster, crab)

5-DAY FAST & CLEANSE®

Mix 1 tablespoon of Fiber Cleanse[™] (Part 2) 2 Liver Cleanse® (Part 3) Tablets

Mix 1 tablespoon of Fiber Cleanse[®] (Part 2) with water or juice 2 Colon Clear® (Part 1) Tablets 2 Liver Cleanse® (Part 3) Tablets

1 Super Nutrition[™] (Part 5) Liquid Soft-Gel

PART 3: LIVER CLEANSE®

To join our Wellness Club and receive tips on how to improve your health, please visit us at www.NaturesSecret.com/wellness

Supplement Facts

Experience the Sensation

ho is Nature's Secret[®]?

The conventional approach to health sees the body as a set of separate parts, each needing their own separate treatments. Take a look at the way our medical system is organized - from cardiologists to dermatologists, we have a doctor for nearly every body part. But nature has a well-kept secret... there is no separation between any of our systems. They are all intricately connected in a brilliant dance only nature could orchestrate. At Nature's Secret[®], we develop our products using this whole-body

We understand, for example, that sluggish digestion can lead to low energy levels and shouldn't always be supported with caffeinated energy tablets. Our approach focuses on the origins of imbalance, not the signs of imbalance. This is Nature's Secret®, total body wholeness and wellness.

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TAKE CONTROL

YOUR HEALTH

of Whole-Body Wellness...

At Nature's Secret® we believe that total body wellness is the key to overall health.

5-PART, 5-DAY PROGRAM

Nourish & Cleanse Your Colon

25 Tablets

5-Day Fast & Cleanse® Total-Body Fasting Program...

The Best Way to Give Your Body a Fresh Start!*



The Assert States of State

110 Grams

Liver Cleanse

25 Tablets

Nature's Secret





30 Tablets

4

SATISFY





Antioxidant & Nutritional Support*

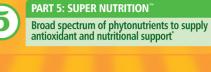
Super Nutrition

5

REPLENISH







5-DAY FAST & CLEANSE®

The Best Way to Give Your

Fasting provides an efficient way

digestive system. Fasting can help

to cleanse the body and rest the

support the removal of toxins. improve digestive function and

boost feelings of energy.

Body a Fresh Start...in Jus

5-Day Fast & Cleanse® is a simple program to help

renew and nourish your body, giving you a fresh start.

It provides 5 products to support your body during a

This 5-day program helps support the body's natural ability to eliminate toxins through the digestive tract

and promote cellular health.* The 5-Day Fast & Cleanse

program delivers a bold combination of nutrients and

cleansing herbs to encourage healthy elimination of

5-Day Fast & Cleanse® features formulations with

PART 2: FIBER CLEANSE™

PART 3: LIVER CLEANSE®

PART 4: CRAVELESS®

healthy digestion

Well-balanced nutrients to support

Powerful herbal blend to support

botanicals, fibers, minerals, phytonutrients and "super

Promotes daily bowel movements to help

Source of fiber to enhance digestion and

toxins from the colon."

foods" in 5 supportive products:



DIETARY SUPPLEMENT