

H-E-B

Iron

Ferrous Sulfate

28 mg**MINERAL SUPPLEMENT**

HELPS MAINTAIN ENERGY UTILIZATION*
PROMOTES RED BLOOD CELL PRODUCTION*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

100 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Iron (as Ferrous Sulfate)	28 mg	156%

OTHER INGREDIENTS: CALCIUM CARBONATE, DICALCIUM PHOSPHATE, CELLULOSE (PLANT ORIGIN), CROSCARMELLOSE, CONTAINS <2% OF: CELLULOSE COATING, VEGETABLE MAGNESIUM STEARATE.

Gluten Free

Iron is a necessary component of hemoglobin, the oxygen carrier in the blood, and is also important for energy utilization.*

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SUGGESTED USE: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Store at room temperature (59°-86° F).

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

**MADE WITH PRIDE AND CARE FOR H-E-B®,
SAN ANTONIO, TEXAS 78204
6598-1612**

H-E-B**100%**
GUARANTEE
promise

If you aren't completely pleased with this product, we'll be happy to replace it or refund your money. You have our word on it.

**ACTUAL
SIZE**

Questions or comments?
1-800-432-3113

Prod No. 1790 B1792 02B

Freshness and potency
guaranteed through:

0 41220 82534 9

