

Suggested Use: As a dietary supplement, take one serving (1 scoop) with 8-16 ounces of water or suitable beverage and drink within 15-30 minutes before exercise. Taken up to twice daily, once as a pre-workout and/or again as a post-workout. For best results, follow a diet and exercise program to maximize your potential. Drinking an additional 16 to 32 ounces of water when using creatine is recommended.

Creatine Monohydrate is a naturally occurring form of creatine and is the most cost effective for supplementation.[†]

Our brand of Creatine Monohydrate is micronized (200 Mesh) for improved absorption and mixing with liquids.[†]



PART# 82130-5005T VER. 2.0 REV 06.30.2015



MICRONIZED
CREATINE
MONOHYDRATE
5000mg PER SERVING

100% PURE POWDER

- IMPROVED MUSCLE PROTEIN SYNTHESIS[†]
- MICRONIZED FOR IMPROVED ABSORPTION[†]
- PROMOTES MUSCLE GROWTH AND RECOVERY[†]
- SUPPORTS MUSCLE STRENGTH, OUTPUT, & ENDURANCE[†]

UNFLAVORED

100
servings

Dietary Supplement Net Wt. 500g (1.10 lb.)

SUPPLEMENT FACTS

Serving Size: 1 scoop (5g)
Servings Per Container: About 100

	Amount Per Serving	% Daily Value
Creatine Monohydrate	5000mg	*
*Daily Value Not Established		

Ingredients: Creatine Monohydrate
Micronized Powder

Other Ingredients: None

Allergens: This product contains NO Soy, Dairy & Dairy Byproducts, Eggs, Fish, Shellfish, Wheat, Gluten, Tree Nuts, or Sesame Seeds.

WARNING: Keep out of the reach of children. Do not take this or any other supplement if under the age of 18, pregnant or nursing a baby, or if you have any known or suspected medical conditions and/or taking prescription drug(s) or OTC medication(s). Always consult with a qualified health physician before taking any new dietary supplement.

[†] These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any diseases.

STORE IN A COOL, DRY PLACE. DO NOT USE OR CONSUME IF INNER SEAL IS BROKEN.

SERVING SCOOP INCLUDED (MAY SETTLE DURING SHIPPING)

**Scoop
inside**

Lot Number

Expiration Date

Manufactured for:
Supplement Partners, LLC.
3820 W Happy Valley Rd Ste 141 - #420
Glendale, AZ 85310



For Questions or Concerns Contact Us At
Support@MuscleEmpire.com

