

Made In The USA with select ingredients from around the world.



# Prenatal

1200 mcg DFE of Folate (720 mcg Folic Acid) with 200 mg of DHA

Supports Fetal Development\*

60 Softgels

VITAMIN SUPPLEMENT

NEARLY 50 YEARS OF TRUSTED QUALITY

## Supplement Facts

Serving Size 1 Softgel		%Daily Value for Pregnant and Lactating Women	%Daily Value for Pregnant and Lactating Women
Amount Per Serving			
Calories	5	1%*	
Total Fat	0.5 g	1%*	
Vitamin A	1,200 mcg	92%	
Vitamin A (as Beta-Carotene)	45 mg	38%	
Vitamin C	10 mcg (400 IU)	67%	
Vitamin E	20 mg	100%	
Thiamin (Vitamin B-1)	1.5 mg	107%	
Riboflavin (Vitamin B-2)	1.7 mg	106%	
Niacin (as Nicotinamide)	17.6 mg	98%	
Vitamin B-6	2.6 mg	130%	
Folic Acid	1,200 mcg DFE (720 mcg folic acid)	200%	
Amount Per Serving			
Vitamin B-12	1.6 mcg	57%	
Biotin (as d-Biotin)	100 mcg	200%	
Paraethoxybenzoic Acid (as d-Calcium Paraethoxybenzoate)	8 mg	114%	
Calcium (as Calcium Fumarate)	200 mg	10%	
Iron (as Ferrous Fumarate)	28 mg	104%	
Zinc (as Zinc Oxide)	25 mg	192%	
Copper (as Copper Sulfate)	2 mg	154%	
Fish Oil Concentrate	530 mg	***	
**Percent Daily Values are based on 2,000 calorie diet.			
***Daily Value not established.			

Other Ingredients: Gelatin, Vegetable Glycerin, Citric Acid, **<2%** of Annatto Color, Natural Flavor, Silica, Soy Lecithin, Titanium Dioxide Color. Contains soy and fish (anchovy, sardine) ingredients. 146 Natural Triglycerides.

## NEARLY 50 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For nearly 50 years we have been making trusted products, backed by science, and made with only the purest ingredients—guaranteed. So you can get the most out of life every day.

- For Use Before, During & After Pregnancy\*
- Multivitamin & Multimineral
- Guaranteed Quality
- Laboratory Tested

No Artificial Flavors. No Artificial Sweeteners. No Preservatives. No Sugar. No Starch. No Milk. No Lactose. No Gluten. No Wheat. No Soy. No Shellfish. Sodium Free.

Non-GMO. No Wheat, No Yeast, No Shellfish, Sodium Free.

Join our Loyalty Program at [Nature'sBountyRewards.com](http://Nature'sBountyRewards.com)



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Mon. - Sat. 9 AM - 7 PM ET

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## Our Superior Formula Supports:

<b>VISUAL DEVELOPMENT*</b> Zinc & Beta-Carotene	<b>BLOOD CELL PRODUCTION*</b> Iron
<b>REPRODUCTIVE HEALTH*</b> Folate	<b>ENERGY METABOLISM*</b> B-Complex
<b>HEART &amp; CIRCULATORY HEALTH*</b> Vitamin C	<b>IMMUNE SYSTEM HEALTH*</b> Vitamins A, C, D & Zinc

1 per day softgel formula for maximum results.

60 Softgels

VITAMIN SUPPLEMENT

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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