

DIRECTIONS: Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light and moisture.
Store in a cool, dry place.

DO NOT PURCHASE IF SEAL IS BROKEN.

MADE IN THE U.S.A.

ITEM 074 TC #654210N2



WINDMILLTM DAILY VITAMIN MAXIMUM FORMULA

MULTI-VITAMIN WITH MINERALS

100 TABLETS | DIETARY SUPPLEMENT



**SUGAR, STARCH,
YEAST, WHEAT,
ARTIFICIAL
COLORS, FLAVORS
OR PRESERVATIVES**

— Gluten Free —

† **Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 5. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving	%DV
Vitamin A (as retinyl acetate and 7% beta-carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha-tocopheryl acetate)	30 IU	100%
Vitamin K (as phyloquinone)	25 mcg	51%
Thiamin (as thiamin mononitrate)	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin (as niacinamide ascorbate)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%
Biotin	30 mcg	100%
Pantothenic acid (as D-calcium pantothenate)	10 mg	100%
Calcium (as dicalcium phosphate)	162 mg	16%
Iron (as ferrous fumarate) †	18 mg	100%
Phosphorus (as dicalcium phosphate)	125 mg	13%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc oxide and zinc sulfate)	15 mg	100%
Selenium (as sodium selenate)	20 mcg	29%
Copper (as copper sulfate)	2 mg	100%
Manganese (as manganese sulfate)	3.5 mg	175%
Chromium (as chromium amino acid chelate)	65 mcg	54%
Molybdenum (as sodium molybdate)	180 mcg	213%
Chloride (as potassium chloride)	72 mg	7%
Potassium (as potassium chloride)	83 mg	2%
Boron (as boron citrate)	150 mcg	*
Nickel (as nickel sulfate)	5 mcg	*
Silicon (as sodium metasilicate)	2 mg	*
Tin (as stannous chloride)	10 mcg	*
Vanadium (as sodium metavanadate)	10 mcg	*

*Daily Value (DV) not established

For more information visit us at windmillvitamins.com

Distributed by: WindmillTM Health Products
6 Henderson Drive, West Caldwell, NJ 07006

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, magnesium stearate, guar gum and pharmaceutical glaze.