

TRUSTED SINCE 1972

WINDMILL
NATURAL VITAMINS

SUPER HI-POTENCY MULTI-VITAMIN & MINERAL WITH PHYTONUTRIENTS

Pharmacist Recommended

Complete Nutritional Protection†
Promotes Energy Utilization†

60 TABLETS | DIETARY SUPPLEMENT

DIRECTIONS: Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

MADE IN THE U.S.A.

For more info, visit us
at www.windmillvitamins.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

ITEM: 214a / TC: 964706N2

- Gluten Free -



SUPPLEMENT FACTS

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate)	5,000 IU	100%
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha-tocopheryl succinate)	12.5 IU	42%
Thiamine (as thiamin mononitrate)	25 mg	1,667%
Riboflavin	25 mg	1,471%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	15 mg	750%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	1 mcg	>1%
Pantothenic acid (as d-calcium pantothenate)	12.5 mg	125%
Calcium (as dicalcium phosphate)	88 mg	9%
Iron (as ferrous gluconate) †	5.5 mg	31%
Phosphorus (as dicalcium phosphate)	68 mg	7%
Iodine (as potassium iodide)	114 mcg	76%
Magnesium (as magnesium gluconate)	0.35 mg	<1%
Zinc (as zinc gluconate)	0.25 mg	2%
Copper (as copper gluconate)	0.03 mg	2%
Manganese (as manganese gluconate)	0.65 mg	33%
Choline bitartrate	150 mg	*
Inositol	250 mcg	*
Betaine HCl	25 mg	*
L-Glutamic acid	25 mg	*
Bioflavonoids complex	20 mg	*
Citrus bioflavonoids and rutin		
Fruit and vegetable phytonutrient concentrates	100 mg	*
Carotenoid concentrate [carrot, peach, yellow squash, cantaloupe, beet (alpha & beta carotene); red pepper (capsanthin & capsanthin); tomato, watermelon (lycopene)]		
Flavonoid concentrate [orange (hesperidin, tangeretin, nobilietin); lemon, lime, celery (eriodictyon, limonoids); grapefruit (naringin, quercetin)]		
Phenolic acid concentrate [red grape, blueberry, raspberry (anthocyanins, proanthocyanidins, ellagic acid); strawberry, cherry, pear, apple, plum (chlorogenic & caffeic acids)]		
Plant enzymes concentrate [papaya (papain); pineapple (bromelain); vegetable enzymes (fungal amylase, lipase, cellulase)]		
Cruciferous/thiolactone concentrate [broccoli, cabbage (sulforaphane, indole-3-carbinol); cauliflower, Brussels sprouts (phenethyl isothiocyanate); garlic, leek, onion (allicin, allyl isothiocyanates); mustard greens, radish (isothiocyanate, benzyl isothiocyanate)]		
Lutein concentrate [spinach, kale, asparagus, alfalfa]		
Bioflavone concentrate [soy genistein & daidzein]	5 mg	*
Base blend		
Alfalfa (leaf), kelp (Asophytium nodosum) (stipes and fronds), lecithin, parsley (leaf) and watercress (leaf)		

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, magnesium stearate and pharmaceutical glaze.

Contains Milk and Soy.

NO

SUGAR, STARCH, YEAST, WHEAT,
ARTIFICIAL COLORS, FLAVORS
OR PRESERVATIVES

Distributed by
Windmill™ Health Products,
6 Henderson Drive,
West Caldwell, NJ 07006