

DIRECTIONS: Take 1 tablet daily as needed, preferably at bedtime, as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light & moisture.

Store in a cool, dry place.

Do not purchase if seal is broken.

MADE IN THE U.S.A.

(These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.)

ITEM: 390 / TC: 400310H2



MELATONIN

3 mg

Pharmacist Recommended

Helps Support Sleep Cycle[†]
Non Habit Forming[†]

100 TABLETS | DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 1 Tablet

	Amount Per Serving	Daily Value
Melatonin	3 mg	*

*Daily value not established.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, silica, stearic acid, and magnesium stearate.

Melatonin may cause drowsiness if taken during the day. Do not take if you have an auto-immune disorder. If you are taking any medications, discuss taking melatonin with your physician prior to taking this product. Do not take if you are pregnant or lactating.

For more info, visit us at www.windmillvitamins.com



SUGAR, STARCH, CORN, WHEAT, MILK, SOY, ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES

- Gluten Free -

Distributed by Windmill[™] Health Products,
6 Henderson Drive, West Caldwell, NJ 07006

