

A Smart, Healthy and Effective Choice for You.

With bmiSMART™ I-REMOVE, you don't have to cut back on your lifestyle to cut back on fat. Just be more mindful. That's because you take I-REMOVE when you need it the most – at mealtime. Inside each convenient single-serving packet is a product containing a proprietary, plant-based complex called Litramine™. It has been clinically shown to enhance dietary fat binding and excretion up to 28%. In addition, studies have shown that taking Litramine™ results in three times more weight loss than dieting and exercise alone. I-REMOVE can help in achieving your weight goals and in maintaining a healthy weight.*

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***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

I-REMOVE is Part of a Mindful Set of Healthy Weight Products

When you...	bmiSMART™ solution
Want to manage weight and carbohydrate caloric intake Consume meals containing starchy and sugary food	I-BLOCK Carb & Sugar Blocker
Want to control appetite Want to reduce snacking	I-CONTROL Appetite Reducer
Want to manage your weight and dietary fat absorption Consume meals containing fat	I-REMOVE Fat Binder

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I-REMOVE binds fat from food intake, inhibiting its absorption and reducing fat caloric intake from your meal.*

When used in conjunction with a reduced-calorie diet and appropriate physical activity, it is an effective tool to help you achieve a healthy body weight.*

The Mindful Way to Healthy Weight

At bmiSMART™, we believe taking care of your weight and enjoying a healthy Body Mass Index (BMI) can be a healthy, mindful experience with life-long benefits.

For us, it means developing products that increase your awareness of what you eat, while working with your body to reduce the absorption of calories, manage appetite or stimulate metabolism. It also means using ingredients that are naturally-derived and scientifically developed, with efficacy clinically tested. After all, what you put in your body is as important to us, as it is to you.

By actively supporting you with intelligent products and a mindful approach, bmiSMART™ helps you attain better results, with a better feeling about yourself and your body.

To learn more about Healthy Weight. The Mindful Way.™, visit bmiSMART.com


bmiSMART™
Healthy Weight. The Mindful Way.

I-REMOVE
Fat Binder

Dietary Supplement
60 TABLETS
Made with Litramine™

Directions for Use

For weight loss: Take 2 tablets with liquid, 3 times per day - immediately after each main meal.

I-REMOVE can also be used once your target weight is achieved.

Take 2 tablets with liquid as needed - immediately after a fatty meal.

Please read the enclosed product insert for more information.

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Total Carbohydrate	1g	<1%*
Dietary Fiber	<1g	3%*
Calcium	42 mg	4%*
Sodium	10 mg	1%*
Litramine™ Proprietary Complex 1000 mg		
Cactus powder (Opuntia ficus-indica) (Leaf)		†
Gum arabic (Acacia sp.)		†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

Other ingredients: microcrystalline cellulose, croscarmellose sodium, gamma cyclodextrin, silicon dioxide, magnesium stearate

I-REMOVE does not contain any animal-derived products or by-products.

Storage: Keep out of reach of children. Store in a dry place at room temperature.

Do not use if pregnant or nursing. Consult with your physician prior to taking this product if you have any medical conditions or are taking any medications. Do not exceed 6 tablets a day.

I-REMOVE is exclusively manufactured for: InQpharm North America LLC
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