

Contains no GMOs, gluten, yeast, sugar, salt, soy, dairy, eggs, nuts, wheat, artificial preservatives or artificial ingredients.

Purified and third-party tested to exceed all published U.S. and international standards for PCBs, dioxins, heavy metals and pesticides.

What Makes Norwegian Gold Omega-3 Fish Oils So Advanced?

- ✓ Highest potency of Omega-3s per softgel
- ✓ Burp-free formula
- ✓ Enhanced digestion and absorption with lipase and enteric coating*
- ✓ One softgel per day
- ✓ Certified highest 5-star purity rating
- ✓ Sourced from abundant non-endangered fish
- ✓ Fresh-Assure glass bottle to protect softgels from damaging light and moisture
- ✓ Fish gelatin softgels

Quality and Purity Guaranteed
Distributed by ReNew Life Formulas® Palm Harbor, FL 34683
Questions? Call: 1-800-830-1800 Email: support@renewlife.com or visit our websites at: www.renewlife.com or www.norwegiangoldfishoils.com

KEEP OUT OF REACH OF CHILDREN. #15586 021213
WARNING: Consult your physician before using this or any product if you are pregnant, trying to conceive, taking medication or have a medical condition.



TAMPER EVIDENT: DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.
*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NORWEGIAN GOLD®

THE ADVANCED FISH OILS



FIRST OMEGA

ULTRA-CONCENTRATED Essential Omega-3

600 mg Fish Oil | 450 mg of Omega-3



60 NATURAL ORANGE FLAVOR
ENTERIC-COATED SOFTGELS
OMEGA-3 SUPPLEMENT

Supplement Facts			
Serving Size: 1 Fish Gelatin Softgel Servings per Container: 60			
	Amount per Softgel	Amount per 2 Softgels	%DV**
Calories	6	12	
Calories from Fat	5	10	
Total Fat	0.6 g	1.2 g	<1%
Saturated Fat	.04 g	.08 g	<1%
Trans Fat	0 g	0 g	***
Total Omega 3•5•6•7•8•9•11	520 mg†	1,040 mg†	
Omega-3	450 mg	900 mg	***
EPA (Eicosapentaenoic Acid)	236 mg	472 mg	***
DHA (Docosahexaenoic Acid)	118 mg	236 mg	***
Other Omega-3s	96 mg	192 mg	***
Whole Omega Complex			
Omega-5•6•7•8•9•11	67 mg	134 mg	***
Lipase (activity 30 FIP)	3 mg	6 mg	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet for 1 softgel.
*** Daily Value not established
Less than 5 mg of Cholesterol per gel.
† The beneficial Omegas in fish oils, other than EPA & DHA, are naturally occurring and may vary seasonally.

Ingredients: Molecularly distilled purified fish oils (from anchovies and sardines)
Other ingredients: Fish gelatin, vegetable glycerin, beeswax, natural orange flavor, natural caramel color, sunflower lecithin, mixed vitamin E tocopherols (natural flavor protector), enteric coating.
Directions: Take 1 softgel daily, with or without food, or as directed by your healthcare professional. To maximize your intake of First Omega, take 2 softgels daily.

Store in a dry place at 59-86°F (15-30°C).
Manufactured in a GMP facility.

NO VARNISH