

**DIRECTIONS: TAKE TWO CAPLETS DAILY, PREFERABLY WITH A MEAL AS A DIETARY SUPPLEMENT OR AS DIRECTED BY A HEALTHCARE PROFESSIONAL.**

- Keep out of reach of children.
- Store in a cool, dry place.
- Protect from heat, light and moisture.
- Do not use if seal is broken.



Made in the U.S.A.

(These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.)

ITEM # 212 D88706A2



# Prenatal

## MULTI-VITAMIN

**For Pregnant & Nursing Moms!**

- Healthy Pregnancy & Fetal Development\*
- Extra Potency of Folic Acid
- Formulated to Nourish Mother & Baby\*



• sugar free • gluten & yeast free  
**60 CAPLETS • DIETARY SUPPLEMENT**

## Supplement Facts

Serving Size: 2 Caplets / Servings Per Container: 30

|                  | Amount Per Serving | %Daily Value<br>For pregnant /<br>lactating women |
|------------------|--------------------|---------------------------------------------------|
| Vitamin A        | 4,000 IU           | 50%                                               |
| Vitamin C        | 60 mg              | 100%                                              |
| Vitamin D        | 400 IU             | 100%                                              |
| Vitamin E        | 30 IU              | 100%                                              |
| Thiamin          | 1.7 mg             | 100%                                              |
| Riboflavin       | 2 mg               | 100%                                              |
| Niacin           | 20 mg              | 100%                                              |
| Vitamin B6       | 2.5 mg             | 100%                                              |
| Folate           | 800 mcg            | 100%                                              |
| Vitamin B12      | 8 mcg              | 100%                                              |
| Biotin           | 300 mcg            | 100%                                              |
| Pantothenic acid | 10 mg              | 100%                                              |
| Calcium          | 300 mg             | 23%                                               |
| Iron             | 28 mg              | 156%                                              |
| Iodine           | 150 mcg            | 100%                                              |
| Magnesium        | 100 mg             | 22%                                               |
| Zinc             | 15 mg              | 100%                                              |
| Copper           | 2 mg               | 100%                                              |

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

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6 Henderson Drive,  
West Caldwell, NJ 07006

Ingredients: Calcium Carbonate, Microcrystalline Cellulose, Magnesium Oxide, Ascorbic Acid, Stearic Acid, Croscoll, Hydroxypropyl Cellulose, Talc, Medium Chain Triglycerides, Vegetable Juice, Inulin, Citric Acid, Thiamin Oxide, Riboflavin, Vitamin B6, Vitamin E, Vitamin D, Vitamin C, Vitamin A, Vitamin K, Vitamin B12, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Vitamin B7, Vitamin B9, Vitamin B10, Vitamin B11, Vitamin B12, Vitamin B13, Vitamin B14, Vitamin B15, Vitamin B16, Vitamin B17, Vitamin B18, Vitamin B19, Vitamin B20, Vitamin B21, Vitamin B22, Vitamin B23, Vitamin B24, Vitamin B25, Vitamin B26, Vitamin B27, Vitamin B28, Vitamin B29, Vitamin B30, Vitamin B31, Vitamin B32, Vitamin B33, Vitamin B34, Vitamin B35, Vitamin B36, Vitamin B37, Vitamin B38, Vitamin B39, Vitamin B40, Vitamin B41, Vitamin B42, Vitamin B43, Vitamin B44, Vitamin B45, Vitamin B46, Vitamin B47, Vitamin B48, Vitamin B49, Vitamin B50, Vitamin B51, Vitamin B52, Vitamin B53, Vitamin B54, Vitamin B55, Vitamin B56, Vitamin B57, Vitamin B58, Vitamin B59, Vitamin B60, Vitamin B61, Vitamin B62, Vitamin B63, Vitamin B64, Vitamin B65, Vitamin B66, Vitamin B67, Vitamin B68, Vitamin B69, Vitamin B70, Vitamin B71, Vitamin B72, Vitamin B73, Vitamin B74, Vitamin B75, Vitamin B76, Vitamin B77, Vitamin B78, Vitamin B79, Vitamin B80, Vitamin B81, Vitamin B82, Vitamin B83, Vitamin B84, Vitamin B85, Vitamin B86, Vitamin B87, Vitamin B88, Vitamin B89, Vitamin B90, Vitamin B91, Vitamin B92, Vitamin B93, Vitamin B94, Vitamin B95, Vitamin B96, Vitamin B97, Vitamin B98, Vitamin B99, Vitamin B100.