Contains No Added sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) capsule daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light. Keep out of reach of children.

Caution: Not for use by children under 18 years. If pregnant or nursing, consult a physician before using this product. Do not use while operating a motorized vehicle or heavy machinery. Consult a physician before taking this product while using antidepressants or MAO-inhibiting medications.

## QUALITY AND POTENCY GUARANTEED.



Formulated for: Vitabase.com Monroe, GA 30656

## vitabase

## L-5-HTP

L-5-hydroxyTryptophan 100 mg, European



Supplement Facts Serving Size: 1 Capsule	Amount	% DV
Vitamin C (as ascorbic acid) Vitamin B-6 (as pyridoxine HCL)	250 mg 25 mg	417%
Griffonia bean extract (Griffonia simplicifolia)	102 mg	*

\*Daily Value not established

Other Ingredients: Gelatin (capsules), (May contain one or more of the following; rice powder, silica and magnesium stearate). Our Standard Griffonia Extract is made under strict European quality standards which are comparable to Over-The-Counter drug standards in the US. It provides optimal levels of naturally occurring L-5-hydroxyTryptophan. Our L-5-HTP is formulated with important nutrients to optimize its effectiveness. Vitamin C and 8-6 aid the conversion of tryotophan to serotonin in the body.