SHAKE WELL

Buried Treasure's VM-100 is the Highest Potency Vitamin plus Plant-Derived Minerals Liquid Multivitamin Supplement available today. Rich in antioxidants, VM-100's liquid form starts working for you faster than any tablet, capsule or softgel product.

Because the digestive system becomes less effective as we age, leading to poor absorption of nutrients, highly absorbable liquid VM-100 COMPLETE is the perfect solution for all ages!*

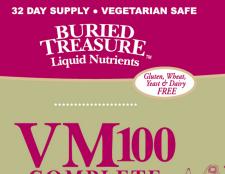
DIRECTIONS: SHAKE WELL BEFORE EACH USE. REFRIGERATE AFTER OPENING. BEST IF USED WITHIN 45 DAYS FROM OPENING. Adults should take 2 tablespoons daily. We recommend you mix it with your favorite juice. Do not take on an empty stomach.

This product is wheat, gluten, yeast and dairy free.

CAUTION: Pregnant and nursing women should check dosage with their healthcare professional. Keep out of reach of children.

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.







Supplement Facts

Serving Size: 2 Tbsp. (30 mL) Servings per Container: 32

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Amount per Serving	-	%DV*	Amount per Serving	%	DV*
Calories	20		Manganese (citrate)	3 mg	150%
Carbohydrates	5 g	2%*	Selenium (chelate)	100 mcg	143%
Sugars	4 g	†	Chromium (picolinate)	100 mcg	83%
Vitamin A (beta-carotene)	10,000 IU	200%	Potassium (citrate)	50 mg	1.4%
Vitamin C (ascorbic acid)	1,000 mg	1666%	Inosital	50 mg	†
Vitamin D (ergocalciferol)	1200 IU	300%	Paba (para-aminobenzoic acid		+
Vitamin E (d-alpha tocophery)) 400 IU	1333%	Citrus Bioflavonoids	65 mg	+
Vitamin B-1 (thiamin)	50 mg	3333%	(hesperidin)	oonig	,
Vitamin B-2 (riboflavin)	50 mg	2941%	Choline Bitartrate	50 mg	†
Niacin (niacinamide)	50 mg	250%	Rutin	40 mg	†
Vitamin B-6 (pyridoxine HCL)	50 mg	2500%	Rosemary Extract (leaves)	30 mg	†
Folic Acid	500 mcg	125%	Grape Seed Extract	5 mg	†
Vitamin B-12 (methylcobalamin) 1	,000 mcg	16666%	Alpha Lipoic Acid	2.5 mg	+
Biotin	300 mcg	100%	Ginkgo Biloba Extract	10 mg	+
Pantothenic Acid	150 mg	1500%	(leaves)		
Calcium (citrate)	100 mg	10%	Boron (citrate)	2 mg	†
Magnesium (citrate)	50 mg	12%	Lycopene 2	.00 mcg	t
Zinc (citrate)	15 mg	100%	70+ Plant Source Minerals	250 ma	†
Copper (gluconate)	2 mg	100%	Proprietary Blend	250 mg	

Other Ingredients: Pure mountain water, white grape juice, orange juice, apple juice, natural flavor, xanthan gum, guar gum, organic citrus extract and/or citric acid, potassium sorbate (to ensure freshness), nisin (naturally ensures freshness) and polylysine (natural preservative).

†Daily Value not established

* Percentage of Daily Value based on a 2,000 calorie diet.

Dietary Supplement Whole Food Complex • 32 FL OZ (946 ml)



Keep Out Of Reach Of Chill For Diseary Supplement Use Massufactured by: Life Line Foods PO BOX 949, Pikeville, TN 2 1-809-216-3231