

SHAKE WELL

32 DAY SUPPLY • VEGETARIAN SAFE

BURIED TREASURE™ Liquid Nutrients

*Gluten, Wheat,
Yeast & Dairy
FREE*

VM100 COMPLETE

**Vitamins, Minerals,
Antioxidants**

HIGH POTENCY

Dietary Supplement

Whole Food Complex • 32 FL OZ (946 ml)

Buried Treasure's VM-100 is the Highest Potency Vitamin plus Plant-Derived Minerals Liquid Multivitamin Supplement available today. Rich in antioxidants, VM-100's liquid form starts working for you faster than any tablet, capsule or softgel product.

Because the digestive system becomes less effective as we age, leading to poor absorption of nutrients, highly absorbable liquid VM-100 COMPLETE is the perfect solution for all ages!*

DIRECTIONS: SHAKE WELL BEFORE EACH USE. REFRIGERATE AFTER OPENING. BEST IF USED WITHIN 45 DAYS FROM OPENING. Adults should take 2 tablespoons daily. We recommend you mix it with your favorite juice. **Do not take on an empty stomach.**

This product is wheat, gluten, yeast and dairy free.

CAUTION: Pregnant and nursing women should check dosage with their healthcare professional. Keep out of reach of children.

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured with
renewable energy

Supplement Facts

Serving Size: 2 Tbsp. (30 mL)

Servings per Container: **32**

Amount per Serving	%DV*	Amount per Serving	%DV*
Calories	20	Manganese (citrate)	3 mg 150%
Carbohydrates	5 g 2%*	Selenium (cholate)	100 mcg 143%
Sugars	4 g †	Chromium (picolinate)	100 mcg 83%
Vitamin A (beta-carotene)	10,000 IU 200%	Potassium (citrate)	50 mg 1.4%
Vitamin C (ascorbic acid)	1,000 mg 1666%	Inositol	50 mg †
Vitamin D (ergocalciferol)	1200 IU 300%	Paba (para-aminobenzoic acid)	50 mg †
Vitamin E (d-alpha tocopheryl)	400 IU 1333%	Citrus Bioflavonoids (hesperidin)	65 mg †
Vitamin B-1 (thiamin)	50 mg 3333%	Choline Bitartrate	50 mg †
Vitamin B-2 (riboflavin)	50 mg 2941%	Rutin	40 mg †
Niacin (niacinamide)	50 mg 250%	Rosemary Extract (leaves)	30 mg †
Vitamin B-6 (pyridoxine HCL)	50 mg 2500%	Grape Seed Extract	5 mg †
Folic Acid	500 mcg 125%	Alpha Lipoic Acid	2.5 mg †
Vitamin B-12 (methylcobalamin)	1,000 mcg 16666%	Ginkgo Biloba Extract (leaves)	10 mg †
Biotin	300 mcg 100%	Boron (citrate)	2 mg †
Pantothenic Acid	150 mg 1500%	Lycopene	200 mcg †
Calcium (citrate)	100 mg 10%	70+ Plant Source Minerals	250 mg †
Magnesium (citrate)	50 mg 12%	Proprietary Blend	
Zinc (citrate)	15 mg 100%		
Copper (gluconate)	2 mg 100%		

* Percentage of Daily Value based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Pure mountain water, white grape juice, orange juice, apple juice, natural flavor, xanthan gum, guar gum, organic citrus extract and/or citric acid, potassium sorbate (to ensure freshness), nisin (naturally ensures freshness) and polylysine (natural preservative).

Keep Out Of Reach Of Children.
For Dietary Supplement Use Only.
Manufactured by:
Life Line Foods

PO BOX 949, Pikeville, TN 37367

1-800-216-3331

<http://www.buriedtreasureusa.com>

