Adult Suggested Use: 1/2 tsp. 3 times daily or 3/4 tsp. twice daily 6 days per week, ""If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.



SHAKE WELL KEEP OUT OF REACH OF CHILDREN STORE IN A COOL, DRY PLACE OUT OF SUNLIGHT. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease

Manufactured and Distributed by: Mountain Meadow Herbs, Inc. P.O. Box 9227 Kalispell, MT 59904 P. (888) 528-8615 F. (209) 671-1921





Women's Daily Defense

8 fluid oz. Herbal Dietary Supplement

Supplement Facts Serving Size: 3/4 tsp Servings per Container:64 Per Serving %DV

Proprietary Blend

of Extracts 3.75 ml 1 Skullcap herb, Chaste Tree berry, Codonopsis root. Sarsaparilla root. Green Rooibos Tea leaf, Red Clover leaf & flower, Hops flower, Propolis resin. Hawthorn berry, Parsley root, Astragalus root, Ginger root, Eleuthero root, False Unicorn root, Stinging Nettle leaf, Horsetall herb, Oatstraw herb. Cornsilk herb. Chamomile flower, Bilberry leaf, Bilberry fruit. Milk Thistle seed, Rosemary leaf, Ashwagandha root, Ginkgo Biloba leaf, Olive leaf, Cat's Claw bark. Blessed Thistle herb, Partridge Berry herb. European Mistletoe herb. Neem leaf, Licorice root

Daily Value (DV) not established Other Ingredients: vegetable glycerine, distilled

water, and approx. 5% organic grain alcohol.

Not for children under 2 years of age.