

Supplement Facts

Serving Size 4 Tablets

Servings Per Container 30

Ingredients:	Amount Per Serving	% DV
Vitamin A (as mixed carotenoids)	8,000 I.U.	160 %
Vitamin C	800 mg	1333 %
Vitamin D-3	5000 I.U.	1000 %
Vitamin E (mixed Tocopherols and Tocotrienols)	400 I.U.	1333 %
Vitamin K2	80 mcg	**
Thiamin HCl (Vitamin B-1)	80 mg	5333 %
Riboflavin (Vitamin B-2)	60mg	3530 %
Niacin	40mg	200 %
Vitamin B-6	80mg	4000 %
Folic Acid as L-Methylfolate	400 mcg	200 %
Vitamin B-12	60 mcg	1000 %
Biotin	200 mcg	67 %
Pantothenic Acid	120 mcg	1200 %
CoQ10	40 mg	**
Calcium (Citrate/Ascorbate Complex)	100 mg	10 %
Iodine	200 mcg	133 %
Magnesium	100 mg	25 %
Zinc (Amino Acid Chelate)	20 mg	133 %
Selenium	200 mcg	285 %
Copper (Amino Acid Chelate)	800 mcg	40 %
Manganese (Aspartate Complex)	8 mg	400 %
Chromium GTF	200 mcg	166 %
Molybdenum	100 mcg	133 %
Choline Bitartrate	80 mg	**
Potassium (Aspartate Complex)	80mg	**
Choline Dihydrogen Citrate	60 mg	**
Lutein (elemental, all natural)	6 mg	**
Lycopene	6 mg	**
Boron (Aspartate/Citrate Complex)	1,200 mcg	**
Zeaxanthin	400 mcg	**
Trace Minerals	80 mcg	**
Vanadium	40 mcg	**

** Daily Value Not Established



BODYHEALTH
OPTIMIZING HEALTH & VITALITY

COMPLETE MULTI™ + LIVER DETOX SUPPORT

Complete Multi-Vitamin & Mineral
Full Spectrum Antioxidant
Complete Liver Detox Support
Fruit & Vegetable Whole Food Nutrition



Recommended Dosage:
4 tablets per day

120 Tablets
Dietary Supplement

Other Ingredients:

Amount Per Serving

% DV

Special Nutraceutical, Fruits and Green Food Ingredients:

Sprouted Barley Juice (dry)	80 mg	**
Wheat Grass Juice (dry)	80 mg	**
Red Wine Proanthocyanidins and OPC	80 mg	**
Spirulina	80 mg	**
Chlorella (broken cell wall)	80 mg	**
Beet Extract (dry)	80 mg	**
Lemon Bioflavonoids	80 mg	**
Green Tea Extract	60 mg	**
Hesperidin	60 mg	**
Rose Hips	48 mg	**
Papaya Extract (dry)	40 mg	**
Apple Pectin	40 mg	**
Bromelain (Pineapple 2,000 GDU/gm)	40 mg	**
Blueberry (fruit)	40 mg	**
Broccoli (freeze-dried)	40 mg	**
Rutin	40 mg	**

Liver Support Ingredients:

Milk Thistle extract (80% silymarin)	200 mg	**
N-Acetyl-L-Cysteine	80 mg	**
R Lipoic Acid	80 mg	**
L-Cysteine	40 mg	**
Schizandrae Fructus extract	40 mg	**
Dandelion Root extract	40 mg	**
L-Methionine	20 mg	**
Glutamic Acid HCl	20 mg	**

Inactive Ingredients:

Microcrystalline cellulose, vegetable stearate, palm wax

** Daily Value Not Established



Manufactured by **BodyHealth.com**
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* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. Store in a cool, dry place.

