

## POSITIVE MOOD RELAYATION\*

SUGGESTED USE: Take 2 vegetarian capsules with food once daily or as directed

BY

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement.



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Keep out of reach of children. I not use if safety seal is damaged missing. Store in a cool, dry plan

"These statements have not been evaluely the Food and Drug Administration."

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## CALM NOW

SOOTHING STRESS SUPPORT\*

DIETARY SUPPLEMENT



## SUPPLEMENT FACTS

Serving Size: 2 Veggie Capsules • Servings Per Container: 30

Amount Dor Coming Ave

Allioui	it Per Serving	% DI
Vitamin B1 (as Thiamine HCI)	12 mg	8009
Vitamin B2 (as Riboflavin)	12 mg	7009
Niacin (as Niacinamide)	28 mg	1409
Vitamin B6 (as Pyridoxine HCI)	8 mg	4009
Vitamin B5 (as Calcium Pantothenate)	16 mg	1609
Magnesium (as Magnesium Oxide)	25 mg	69
Zinc (as Zinc Oxide)	25 mg	1609
Calm Now™ Botanicals	400 mg	
Hawthorn Powder (berry), Lemon Balm Passion Flower Extract (whole plant), H	Extract (whole ops Extract (flo	plant) wer).
Ashwagandha Powder (Root)	200 mg	
Phodiola Rosea Extract (Root)	200 mg	

Bacopa Monnieri (20% Bacosides) (whole plant)

\*\* Daily Value (DV) not established.

OTHER INGREDIENTS: Rice flour, cellulose (vegetable capsule) and

CAREFULLY CRAFTED FOR

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## **ZHOU NUTRITION®**

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