

SUGGESTED USE

1 softgel taken 1 to 2 times daily preferably with meals or as directed by a healthcare professional.

CAUTION

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed By: **ZHOU NUTRITION**
"Ancient wisdom meets modern research"
PO Box 26797 Kansas City, MO 64196

6497-RSV-254-100

ZHOU NUTRITION



FLAXSEED OIL

COLD PRESSED

1000 mg
Omega 3-6-9
Dietary Supplement



SUPPLEMENT FACTS

Serving Size **1 Softgel**

Servings Per Container: **100**

Amount Per Serving	% Daily Value
Calories	10
Calories from fat	10
Total Fat	1g 2%

Flaxseed Oil **1,000 mg ***

Naturally Providing:

Alpha-Linoleic Acid (Omega-3)

Linoleic Acid (Omega-6)

Oleic Acid (Omega-9)

Other Fatty Acids & Phytonutrients

*Daily Value not established

Other ingredients: Gelatin (bovine), glycerin and purified water.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

